# Foundations of Interdisciplinary and Transdisciplinary Research



# A Reader

Edited by Bianca Vienni-Baptista, Isabel Fletcher and Catherine Lyall



# FOUNDATIONS OF INTERDISCIPLINARY AND TRANSDISCIPLINARY RESEARCH

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With a Foreword by Jane Ohlmeyer





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# List of Extracts

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1.1	Typologies of interdisciplinarity: The boundary work of definition (Julie Thompson Klein)	25
1.2	Logics of interdisciplinarity (Andrew Barry, Georgina Born and Gisa Weszkalnys)	29
1.3	Why social scientists should engage with natural scientists (Philip Lowe, Jeremy Phillipson and Katy Wilkinson)	33
1.4	Meeting grounds: Perceiving and defining interdisciplinarity across the arts, social sciences and sciences (Lisa Lau and Margaret W. Pasquini)	36
2.1	Making the expedition a success: Managing interdisciplinary projects and teams (Catherine Lyall, Ann Bruce, Joyce Tait and Laura Meagher)	48
2.2	'What do you mean?' The importance of language in developing interdisciplinary research (Louise J. Bracken and Elizabeth A. Oughton)	52
2.3	Methods for coproduction of knowledge among diverse disciplines and stakeholders (Christian Pohl and Gabriela Wülser)	58
2.4	The self of the scientist, material for the artist: Emergent distinctions in an interdisciplinary collaboration (James Leach)	60
3.1	Against reciprocity: Dynamics of power in interdisciplinary spaces (Felicity Callard and Des Fitzgerald)	69
3.2	The integrative approach in transdisciplinary research (Matthias Bergmann, Thomas Jahn, Tobias Knobloch, Wolfgang Krohn, Christian Pohl and Engelbert Schramm)	73
3.3	Transdisciplinary research in sustainability science: Practice, principles, and challenges (Daniel J. Lang, Arnim Wiek, Matthias Bergmann, Michael Stauffacher, Pim Martens, Peter Moll, Mark Swilling and Christopher J. Thomas)	76

#### LIST OF EXTRACTS

3.4	Unstated contributions: How artistic inquiry can inform interdisciplinary research (Chris Rust)	84
4.1	Research funding programmes aiming for societal transformations: Ten key stages (Flurina Schneider, Tobias Buser, Rea Keller, Theresa Tribaldos and Stephan Rist)	94
4.2	Interdisciplinary research: Trend or transition (Diana Rhoten)	105
4.3	Interdisciplinarity put to test: Science policy rhetoric vs scientific practice – The case of integrating the social sciences and humanities in Horizon 2020 (Julia Stamm)	109
5.1	Evaluation of interdisciplinary and transdisciplinary research: A literature review (Julie Thompson Klein)	119
5.2	Interdisciplinarity in research evaluation (Katri Huutoniemi and Ismael Rafols)	122
5.3	Evaluating interdisciplinary research: The elephant in the peer-reviewers' room (Tom McLeish and Veronica Strang)	124
5.4	Questions to evaluate inter- and transdisciplinary research proposals (Christian Pohl, Pasqualina Perrig-Chiello, Beat Butz, Gertrude Hirsch Hadorn, Dominique Joye, Roderick Lawrence, Michael Nentwich, Theres Paulsen, Manuela Rossini, Bernhard Truffer, Doris Wastl-Walter, Urs Wiesmann and Jakob Zinsstag)	127
6.1	Towards a publication culture in transdisciplinary research (Christoph Kueffer, Gertrude Hirsch Hadorn, Gabriele Bammer, Lorrae van Kerkhoff and Christian Pohl)	138
6.2	From science to policy through transdisciplinary research (Christian Pohl)	140
6.3	Prominent but less productive: The impact of interdisciplinarity on scientists' research (Erin Leahey, Christine M. Beckman and Taryn L. Stanko)	147
7.1	Communication and collaboration in interdisciplinary research (Julie Thompson Klein)	156
7.2	From sole investigator to team scientist: Trends in the practice and study of research collaboration (Erin Leahey)	164
7.3	Difficult dialogues: Talking across cultures (Myra H. Strober)	169

8.1	Expertise in research integration and implementation for tackling complex problems: When is it needed, where can it be found and how can it be strengthened? (Gabriele Bammer, Michael O'Rourke, Deborah O'Connell, Linda Neuhauser, Gerald Midgley, Julie Thompson Klein, Nicola J. Grigg, Howard Gadlin, Ian R. Elsum, Marcel Bursztyn, Elizabeth A. Fulton, Christian Pohl, Michael Smithson, Ulli Vilsmaier, Matthias Bergmann, Jill Jaeger, Femke Merkx, Bianca Vienni-Baptista, Mark A. Burgman, Daniel H. Walker, John Young, Hilary Bradbury, Lynn Crawford, Budi Haryanto, Cha-aim Pachanee,	178
8.2	Merritt Polk and George P. Richardson) Preparing interdisciplinary leadership for a sustainable future (Christopher G. Boone, Steward T.A. Pickett, Gabriele Bammer, Kamal Bawa, Jennifer A. Dunne, Iain J. Gordon, David Hart, Jessica Hellmann, Alison Miller, Mark New, Jean P. Ometto, Ken Taylor, Gabriele Wendorf, Arun Agrawal, Paul Bertsch, Colin Campbell, Paul Dodd, Anthony Janetos and Hein Mallee)	186
8.3	Facilitating interdisciplinary scholars (Stephanie Pfirman and Paula J.S. Martin)	192
9.1	Interdisciplinary and transdisciplinary research and practice: Balancing expectations of the 'old' academy with the future model of universities as 'problem solvers' (Dena Fam, Elizabeth Clarke, Rebecca Freeth, Pim Derwort, Kathleen Klaniecki, Lydia Kater-Wettstädt, Sadhbh Juarez-Bourke, Stefan Hilser, Daniela Peukert, Esther Meyer and Andra-Ioana Horcea-Milcu)	206
9.2	Ten tips for developing interdisciplinary socio-ecological researchers (Rachel Kelly, Mary Mackay, Kirsty L. Nash, Christopher Cvitanovic, Edward H. Allison, Derek Armitage, Aletta Bonn, Steven J. Cooke, Stewart Frusher, Elizabeth A. Fulton, Benjamin S. Halpern, Priscila F.M. Lopes, E.J. Milner-Gulland, Myron A. Peck, Gretta T. Pecl, Robert L. Stephenson and Francisco Werner)	208
9.3	Preparing for an interdisciplinary future: A perspective from early-career researchers (Helen Bridle, Anton Vrieling, Monica Cardillo, Yoseph Araya and Leonith Hinojosa)	212
9.4	Towards new logics of interdisciplinarity (Catherine Lyall)	215

## List of Acronyms

AAAS American Association for the Advancement of Science

AHSS Arts, humanities and social sciences

ECR Early career researcher

ESRC Economic and Social Research Council

HEI Higher education institution

HEurope Horizon Europe, European Union research and

innovation funding programme

H2020 Horizon 2020, European Union research and

innovation funding programme

ID Interdisciplinarity

IDR Interdisciplinary research

ITD Inter- and transdisciplinary research

K\* Knowledge transfer, exchange, mobilisation LERU League of European Research Universities

MSCA Marie Skłodowska-Curie Action NGO Non-governmental organisation

OECD Organisation for Economic Co-operation

and Development

OED Oxford English Dictionary

PNAS Proceedings of the National Academy of Sciences of

the United States of America

RELU (or Relu) Rural Economy and Land Use Programme RMAs Research managers and administrators

SHAPE-ID Shaping Interdisciplinary Practices in Europe

SNSF Swiss National Science Foundation SSH Social sciences and humanities

STEM Science, technology, engineering and mathematics STEMM Science, technology, engineering, mathematics

and medicine

STS Science and technology studies

TD Transdisciplinarity

td-net Network for transdisciplinary research (Swiss

Academies of Arts and Sciences)

TDR Transdisciplinary research

## Glossary

- **Agonistic** Used to describe conflicting attitudes. In this book it describes how researchers might establish a collaboration.
- **Artefact (artifact)** Objects created or built by researchers or artists. Artefacts are useful to learn about a group or a certain situation.
- **Bricolage** The construction or creation of a work from a diverse range of things (objects or ideas). In the humanities, the term is also used when groups borrow objects from others and create new aspects of their identities.
- **Consilience** Principle stating that several sources of evidence in agreement make evidence more robust. Reaching the same result applying different methods should lead to the same answer.
- **Constitutive** This term indicates an essential part of something, that is, a constituent.
- **Epistemology/epistemic** Epistemology refers to the theory of knowledge. It is concerned with questions such as: How do we know things? And if we do, how and when do we know things? Epistemic indicates the relation to knowledge.
- **Ethnocentrism** Mostly used in anthropology, an ethnocentric perspective is the evaluation of other cultures according to preconceptions originating in the standards and customs of one's own culture.
- **Ethnographic** Method used in anthropology to study other cultures by focusing on the scientific description of peoples and cultures with their customs, habits and mutual differences.
- **Formative (evaluation)** Assessment conducted during the development or improvement of a project or activity (in contrast to summative evaluation, which is conducted at the end of an activity).
- Fungible Something that can be substituted for something else.
- Generative Capable of producing or 'generating' something.
- **Heuristics** Guidelines that can be applied to aid decision making when information is limited.
- **Ideal-typical** Hypothetical mental construct representing a simplified version of reality, enabling comparison with real-life phenomena. An ideal-typical situation is neither 'perfect' nor an average, but an approximation to reality.

- **Meta-skills** Short for 'metacognitive skills', higher-order skills that are applicable across domains and disciplines. An example could be communication skills.
- **Methodology (vs method)** A method is a tool to answer research questions such as the technique used to collect data. A methodology is the rationale for the overall research approach, so it describes the overarching research strategy.
- **Normative** When something (for example, a research finding) is compared with a (social) standard or 'norm'.
- **Ontology/ontological** Branch of philosophy that analyses the nature of being and existence. In the social sciences, questions of ontology link to both epistemology and method since researchers' understandings of social reality affect the theoretical claims they can make.
- **Performative** The concept that language (and by extension, other forms of behaviour) can function as a form of social action and thereby have effects on the world.
- **Positionality** The social and political context that creates an individual's identity in terms of, for example, race, class, gender, sexuality and ability status. Also describes how that identity derived from a social position influences their understanding of and outlook on the world.
- **Positivist** Positivism is an empiricist theory of knowledge, which holds that all genuine knowledge is true by definition, or derived by reason and logic from sensory experience ('positive').
- **Post-normal (science)** Describes a problem-solving strategy appropriate in situations of urgency, uncertainty and disputed values, where standard processes of knowledge evaluation (such as risk assessment or cost-benefit analysis) fail. Climate change policy is an example of post-normal science.
- **Post-structuralism** An intellectual movement that emerged in philosophy and the humanities in the 1960s and 1970s. It challenged previous ideas of structuralism, which believe that phenomena of human life are only understandable through their interrelations (such relationships constituting a 'structure').
- **Reflexive/reflexivity** The capacity of an individual (often a researcher) to reflect on how their place in society has influenced their beliefs and behaviour, particularly when trying to make sense of their research data (see also 'Positionality').
- **Tacit** Tacit knowledge is knowledge that has not been written down, codified or otherwise made explicit, making it difficult to communicate to others.
- **Wicked problem** A problem that cannot readily be solved. There may be no single solution due to incomplete, contradictory and changing requirements, and the effort to solve one aspect of a wicked problem may reveal or create others.

# Introductory Essay: Shaping Interdisciplinary and Transdisciplinary Research

Bianca Vienni-Baptista, Isabel Fletcher and Catherine Lyall

#### Who are we?

At the start of 2019, in a time and place that feels quite different and far away now, the three of us came together to work as part of the SHAPE-ID (Shaping Interdisciplinary Practices in Europe) project. SHAPE-ID was a Coordination and Support Action funded by the European Commission under the Horizon 2020 Framework Programme Grant Agreement No 822705. The aim of the project was to review understandings and best practice of doing and supporting interdisciplinary and transdisciplinary research (IDR and TDR)<sup>1</sup> involving arts, humanities and social sciences (AHSS) disciplines alongside societal partners and researchers from the sciences, technology, engineering, mathematics and medicine (STEMM). The SHAPE-ID research consortium brought together interdisciplinary and transdisciplinary scholars and practitioners from six countries, several of whom have contributed to this book (see the commentaries in Chapters 3, 5 and 8).

The SHAPE-ID project's primary stakeholder groups were funders and policymakers, research performing organisations, researchers and research partners from enterprise or society. A core objective of the project was to deliver a toolkit and recommendations that would guide these decision makers and researchers, at different levels of the research and innovation system, towards successful pathways to integrating AHSS disciplines in IDR and TDR with STEMM disciplines, and societal partners, and thereby help key stakeholders to make better decisions and promote change in policymaking, funding and educational institutions.

The three of us worked closely on the production of the toolkit. Between us we represent different degrees of familiarity with the academic literature and with the research policy contexts across a range of countries and continents. We have researched, taught and led workshops on the topic of interdisciplinarity (ID) and transdisciplinarity (TD), and share a view that, if we are going to undertake IDR and TDR, then we want to build on good practice. We want to do this in a way that helps researchers surmount some of the typical entry barriers so that the field can progress more quickly and on more solid foundations. Our work with SHAPE-ID has shown that, within the rhetoric of research funding bodies and the strategic plans of research institutions worldwide, the same issues and challenges keep recurring. In large part this is because current academic literature on inter- and transdisciplinary research is dispersed across many different knowledge domains. The result is that scholarship is less cumulative and embedded than might be expected. This book aspires to rectify this situation by guiding readers through the basics.

#### Who is the book for and how could it be used?

Interdisciplinarity and transdisciplinarity are now common terms in research policy, and have a long history in a variety of research fields. These modes of knowledge production promise to solve complex and multidimensional problems and inform science policy at all levels of the European research system. Both are relevant to the European Framework Programmes that foster 'mission-oriented' collaborative research between academic and societal stakeholders in order to tackle global challenges. Nevertheless, interdisciplinary and transdisciplinary research are not new,<sup>2</sup> and are not solely embraced by researchers responding to external funding drivers: research has long had a tradition of 'borrowing' from other disciplines, and indeed, this is how disciplines develop and evolve (Klein, 1996). Yet, despite being currently in high demand, the practice of IDR and TDR is still not well understood, or at least it is understood in very uneven ways across different research communities.

We have designed this book as an introductory text for those new to the area of inter- and transdisciplinary research, and for those who have already dipped their toes into the interdisciplinary pool but are keen to learn more and perfect their craft. Our primary purpose in selecting and explaining the key texts that follow is to provide readers with an overview of the varied ways in which these approaches to research have already been developed and practised. We seek to provide new entrants with solid foundations on which to build their own IDR and TDR by sharing existing knowledge of how to successfully conduct collaborative forms of research and reduce the endless relearning or 'reinventing of wheels' – previously a feature of much that has been written on the topic.

What this book therefore seeks to do is to develop a better shared understanding of what IDR and TDR are (or could be), and to provide a 'grounding' in key works which might, in turn, help to speed up the development and dissemination of inter- and transdisciplinary knowledge. What the book offers is a carefully curated selection of key readings on interand transdisciplinary theory and practice, sharing current good practice and benchmarking the progression of thinking about IDR and TDR.

Research that spans different disciplines and sectors takes place in many different contexts, where similar activities may be given different labels. Key terms we are aware of include: collaborative research, interdisciplinary research, team science and transdisciplinary research. Add to this the general view that different disciplines are still at different stages in their understanding of the benefits and challenges of IDR and TDR (as we explain in more detail) and we have a very inconsistent and complex landscape for newcomers to navigate. This heterogeneity makes it especially hard to identify cross-cutting ideas and underpinning themes when conducting boundary-spanning research and making use of the results of such research. This book therefore introduces the reader to a large, unwieldy and diverse body of rich literatures (that overlap and indeed, sometimes, contradict) in what we hope are easily digestible, bite-size pieces. The reader is invited to follow the pathways offered by the chapters that follow and to search for more details in their own journey through the literature. Each chapter includes a 'References and further reading' section, giving readers who are curious the opportunity to explore similar resources and readings.

We envisage this book might be used in three different, but complementary, ways. The first would be as a teaching text in research methods courses for (post-)graduate students who are increasingly keen to undertake inter- or transdisciplinary research projects and need to be introduced to the specific skills required to undertake such research successfully. The second would be as body of practical knowledge to draw on at key points in the research process – for example when writing a research proposal – or as a resource to structure workshops on particular topics – perhaps the specific challenges of funding or evaluating collaborative research. Finally, we hope that individuals and groups will make use of it more informally at the beginning of a collaboration, either individually or in reading groups. However they use it – and there are certainly other ways that we have not thought of – we hope that all readers will employ the extracts, commentaries and further reading as a way of identifying the pieces of writing that are most relevant to their particular situation, enabling them to benefit, as we have, from the collective wisdom of those who have done this before.

In presenting this book as a 'reader' for those seeking to find out relatively quickly about the topic before embarking on their own deeper explorations, we are not proffering a polemic or position statement on what interdisciplinarity or transdisciplinarity could or should be. Nor are we attempting to create a new field. No academic arguments will be constructed (or demolished), and we are emphatically not trying to draw all the existing inter- and transdisciplinary scholarship into one mega 'synthesis'. Indeed, we have written elsewhere on the benefits of embracing this heterogeneity (see Vienni-Baptista et al, 2022). This is straightforwardly a guided introduction to a complicated and multifaceted area of research, recognising that there is no 'right' way to do it but offering lessons to newcomers based on what we have found helpful in our own development as interdisciplinary researchers. Above all, this is our personal selection of readings, spanning literature that has influenced and informed our own thinking as interdisciplinary and transdisciplinary practitioners at different stages in our careers as well as drawing on the further knowledge that we have gained as a result of working together with partners in the SHAPE-ID project.

#### How did we select the readings?

Inter- and transdisciplinary research pose several general challenges that are rooted in the nature of these phenomena. IDR and TDR are not established as well structured fields in the academic and policy literatures, and insights on them are scattered across unrelated bodies of literature. There are distinct pockets of expertise, for example in sustainability science or in the lab-based biomedical sciences, but knowledge derived from these fields may not be directly applicable to other quite different combinations of disciplines. Collaborations among and across different fields of knowledge imply dynamic intertwinements of concepts, data, methods, theories and experiments. Researchers and practitioners may contribute to co-producing knowledge in different ways, depending on their worldviews and interests in the problem.

Historically, STEMM disciplines have been dominant in IDR and TDR, and the SHAPE-ID project focused on better integrating the arts, humanities and social sciences within inter- and transdisciplinary research practice. Integrating knowledge from a wider range of different disciplinary contexts, which includes AHSS in a meaningful way, is an intricate task that requires careful selection, interpretation and translation for readers from different backgrounds and with different forms of research experience.

To address this intricate task, this book aims at connecting inter- and transdisciplinary research practice and theory to offer a supportive space for readers to learn. We have carefully selected readings that take into consideration the historical and geographical contexts of implementing and supporting collaborative research projects. The commentaries that accompany each chapter offer insight into how theory and practice play out through case study examples and personal experiences. Invited authors

who contribute with each commentary also have different disciplinary backgrounds and expertise in working in inter- and transdisciplinary settings.

We based our selection of readings on an extensive literature review done by the SHAPE-ID team (for details of the review methods see Vienni-Baptista et al, 2019, 2020a). After building a robust sample of literature, the team aligned qualitative and quantitative methods to map understandings of IDR and TDR found in the literature. Datasets were created by querying scientific citation databases, supplemented by bibliographies prepared during a preliminary scoping analysis of inter- and transdisciplinary literature.

We compiled academic and policy literatures on inter- and transdisciplinarity, and critically examined these sources in order to: (1) map different approaches to the same topic across these two corpuses, and (2) bring together different theoretical perspectives (Burgers et al, 2019). Academic literature consists of peer-reviewed journal articles, book chapters and books on ID and TD, while policy literature included non-peer-reviewed documents contributing to debates in research policy.<sup>3</sup> In both these literatures concepts of ID and TD overlap significantly with normative accounts of how to conduct inter- and transdisciplinary research.

We scanned both bodies of literature to identify the different understandings of IDR and TDR and the factors contributing to their success or failure. We qualitatively analysed 121 scientific papers and 103 policy reports, including readings selected from a survey of members of the SHAPE-ID team together with a Delphi study performed annually by the Network for Transdisciplinary Research (td-net, Tour d'Horizon of Literature, Switzerland). These datasets (containing over 5,000 items) were summarised and are accessible online in a Bibliography that is available from the SHAPE-ID Toolkit.

During our study, we identified a set of challenges that characterise IDR and TDR that are shared in different geographical contexts. Such challenges include, among others, the lack of perceived legitimacy of interand transdisciplinary research as scientifically sound modes of knowledge production, the fragmentation of interand transdisciplinary communities of practice, differences in national and international policy and practice in their treatment and funding of IDR and TDR, a lack of status of AHSS disciplines in relation to STEMM contributions, and the need to defend AHSS' constitutive territory. We then explicitly worked towards addressing these challenges in the selected readings and also by encouraging invited authors to reflect on the constraints that they, themselves, might have overcome in order to pursue an inter- or transdisciplinary career or to support these types of collaborative research, as we explain in the following section.

# What did we learn from SHAPE-ID and how is this reflected in the book?

Throughout our work in the SHAPE-ID project, we have argued that interand transdisciplinary research urgently need to be better supported in research, funding and policy institutions (Vienni-Baptista et al, 2020b; Fletcher et al, 2021). The paradox of interdisciplinarity (as Peter Weingart [2000] termed it 20 years ago) – whereby interdisciplinarity is often encouraged at the policy level but poorly rewarded – still challenges the establishment of cross-sectoral boundaries and connections. The role of AHSS disciplines in IDR and TDR raises particular questions about barriers to their integration.

From the different analyses the SHAPE-ID team conducted, three major insights (relevant for researchers, funders and policymakers alike) emerged:

- 1. An urgent need to acknowledge plural understandings of ID and TD and permit them to coexist in research (and funding) environments.
- Recognition that the conditions that influence IDR and TDR are context-dependent: factors that hinder IDR and TDR can be transformed into enabling measures, even during the development of a research project.
- 3. A demand (and responsibility) to reassess AHSS roles and functions in IDR and TDR so that these disciplines can contribute fully in inter- and transdisciplinary settings.

In what follows, we explore these three insights and draw connections between the different analyses carried out during this phase of the SHAPE-ID project.

Acknowledgement and commitment to plural understandings of inter- and transdisciplinarity

The academic literature shows no agreement over the definitions of interdisciplinarity and transdisciplinarity. Rather, it shows plurality and overlapping conceptualisations, even contested and contrasting discourses when we take into consideration AHSS perspectives on ID and TD. Solving societal problems is seen as the main purpose of IDR and TDR, but other parallel discussions are taking place that provide alternative and substantial models of collaborative knowledge production processes. For instance, some AHSS communities are aligned to critical and philosophical discourses on ID and TD (see, for example, Extract 2.4 by James Leach and Extract 3.4 by Chris Rust).

We argue that, rather than develop new definitions, it is necessary to find connections between the diverse definitions of ID and TD that currently

co-exist within the academic literature. The lack of connections between different communities results in a tendency to adopt a narrow approach whereby researchers ignore alternative collaborative pathways; this acts as an obstacle to further integration of AHSS disciplines in inter- and transdisciplinary research. Differences between academic fields with regard to methodologies and output modalities are obvious, but differences also exist between universities (some invest much more time, people and money in supporting IDR and TDR than others), and between countries (some have developed IDR and TDR policies at the national level, and some are less advanced in this area) (Spaapen et al, 2020).

Researchers and funders alike need to recognise that ID and TD are conducted for different purposes and are conceived in different ways, for example, as: (1) objects of study; (2) methods; and/or (3) phenomena that vary according to historical and geographical contexts (see Extract 1.2 by Andrew Barry et al).

We argue for a plural understanding of interdisciplinarity and transdisciplinarity because this could substantially improve inter- and transdisciplinary research policymaking and funding by giving institutions a greater appreciation of the conditions that are needed to support IDR and TDR in different contexts (Vienni-Baptista et al, 2022; see also Chapter 4 focusing on funding of IDR and TDR). In Chapter 1, we show these differences by means of a selection of extracts, a commentary by Isabel Fletcher and a list of 'References and further reading'. Allowing for the co-existence of plural understandings of ID and TD could also support early career researchers wanting to focus on IDR and TDR by making the pathways towards such a career more transparent (Lyall, 2019; see also Chapter 9 for a deep dive into this topic).

Acknowledging this urgency also implies commitments, responsibilities and specific actions from different societal actors and institutions. Actions to be implemented to promote a cultural change towards inter- and transdisciplinary research can include (based on Vienni-Baptista, 2023):

- 1. Co-production of concepts: to support the coexistence of different definitions that are context-dependent, researchers, funders and policymakers alike can develop co-production processes. Co-producing means simultaneous processes through which understandings of the world are built and related to representations, identities, discourses and institutions (Jasanoff, 2013). These can be developed during the research process or while elaborating funding schemes.
- 2. Systematisation and traceability of a range of processes and practices: to acknowledge that ID and TD imply different phenomena for different societal actors demands that all actors involved in IDR and TDR should develop processes to systematise these varied practices. This would

involve creating a 'memory' of IDR and TDR, including common understandings and agreements on what IDR and TDR are, the factors that hinder or help ID and TD development, how to better integrate AHSS and what methods and tools to use.

3. Mapping of understandings: to take into consideration that different modes of ID and TD exist, and these operate according to various logics. Mapping plural understandings, using different tools, leads to new spaces (epistemological, team-based, institutional, cross-sectoral) where IDR and TDR can be performed. In these spaces, AHSS disciplines can engage in new collaborative roles and functions.

#### Factors that affect inter- and transdisciplinary research are mutable

Factors that help successful inter- and transdisciplinary research as well as those that hinder such efforts are concrete realities. If we consider interdisciplinarity and transdisciplinarity as dynamic phenomena with multiple understandings and a heterogeneity of practices, trying to divide a list of factors into positive and negative conditions for research can be tricky.

In the academic literature, we identify 25 factors<sup>6</sup> influencing the outcomes of IDR and TDR. In the policy literature, four main factors are mentioned: (1) appropriate funding (see Chapter 4); (2) existing academic career structures (see Chapter 9); (3) the extended timescale required to conduct good quality IDR and TDR (see Chapter 2); and (4) recognition of key inter- and transdisciplinary skills (Lyall, 2019; see Chapter 7).

A promising finding on the factors that can help or hinder IDR and TDR collaboration is the indication from the literature that the same factor may act as either a barrier or an opportunity, depending on the circumstances within a project. This means that factors can be changed, transforming them from problematic to enabling during the research process. In part, this depends on what we value within research cultures and how far we are willing to go to change them: 'As a community we create our value systems. We can also alter them' (Lattuca, 2001: 264).

A demand (and responsibility) to reassess the roles and functions or the arts, humanities and social sciences in inter- and transdisciplinary research

'AHSS' is a problematic label, obscuring the differences between a set of disciplines with very different cultures and histories, and variations in methods, epistemologies and ontologies. Moreover, the model of interand transdisciplinary research as providing solutions for complex social problems – sometimes labelled 'mission-oriented research' – can be especially inhospitable to AHSS researchers due to its instrumental and technocratic approach to research (see Extract 4.3 by Julia Stamm).

The uneven representation of AHSS disciplines within inter- and transdisciplinary research projects needs to be recognised: while the SHAPE-ID findings confirm considerable levels of integration between disciplines from social sciences and environmental science, medicine and computer science, they also highlight the comparatively lower integration of arts and humanities disciplines with non-AHSS disciplines.<sup>7</sup>

Perhaps the biggest challenge for AHSS disciplines is to fight prejudice and misconceptions, among both researchers and policymakers (Spaapen et al, 2020). Findings from the SHAPE-ID project showed that the subordinate roles and functions assigned to AHSS disciplines discourage their greater involvement with STEMM disciplines in IDR and TDR. The problem has two aspects. On the one side, AHSS researchers have a responsibility to show more willingness to collaborate with other disciplines. On the other side, pro-active funders and policymakers also have a responsibility to change things for the better to support AHSS integration in IDR and TDR.

The academic literature and the case studies we have developed<sup>8</sup> also reveal a plethora of relationships between AHSS and other disciplines in inter- and transdisciplinary research. Transformative connections (which imply a change in disciplinary domains) and productive convergence (in which researchers integrate different types of knowledges), for instance, go beyond the instrumental function usually attributed to AHSS disciplines where, so often, they act in a subordinate role to the STEMM disciplines; for example, 'doing the public engagement' (Balmer et al, 2015; Fletcher and Lyall, 2021) once the 'real' research has been completed.

Significantly, even within the existing inter- and transdisciplinary literature, there are knowledge 'silos'. However, interdisciplinary research is still much more prevalent among different STEMM disciplines than between STEMM and the AHSS disciplines. Moreover, there is ample evidence that, when AHSS and STEMM disciplines do come together, the research agenda is (1) predominantly led by STEMM and (2) AHSS disciplines are chiefly represented by the social sciences (rather than the arts and humanities) and frequently by only a very limited sub-set of social science disciplines (such as economics) (Vienni-Baptista et al, 2020b).

AHSS disciplines have a relevant role to play and can contribute to consolidating a cultural change towards IDR and TDR development. What we seek to do here, with this book, is to redress this imbalance and provide a more comprehensive and diverse account of how IDR and TDR can flourish across all the disciplines. In the selected readings that follow, we have deliberately sought out extracts from journals and books that might be less accessible to, for example, natural scientists, and to introduce them in ways that render them more easily understandable. By providing additional lists of further reading for each chapter, we have tried to cover the same topic from a range of perspectives while acknowledging the inevitable imbalance

resulting from the, as yet, uneven dissemination of inter-and transdisciplinary knowledge across different disciplinary traditions.

#### Contribution to state of the art

In the UK, where two of us are based, the research we do is increasingly influenced by 'the excellence turn' (Gläser and Laudel, 2016), whereby only exceptional research is deemed worthy of research funding. And this, in turn, is influenced by the UK's national quality assessment mechanism, the Research Excellence Framework or 'REF', which shapes the publications and other outputs and impacts we generate, based on that 'original' and 'excellent' research (Lyall, 2022). So, by its very nature, this book is unlikely to be considered 'REF-able' in UK academic parlance. While this 'Introductory Essay' draws substantially on findings from the SHAPE-ID project, the anthologised structure of the chapters that follow would not qualify as 'new' research. It is these strictures that render the REF highly problematic for certain disciplines and for interdisciplinary research in particular. Irrespective of these somewhat parochial concerns, we believe that this book exemplifies the general need to ascribe greater importance to the integration and application of existing knowledge (Frodeman, 2014) and not simply to cherish the traditional scholarship of new discoveries within a single discipline (Lattuca, 2001). In doing so, we believe this book fills an important need and provides a novel contribution to the state of the art in several respects.

First, it brings together, and therefore renders more accessible, a range of key texts from a variety of disparate literatures. One of the characteristics of the arts and humanities is that scholars are more likely to publish in book format, which, unlike publications from the natural and increasingly the social sciences, may be less readily available electronically. While one of the impacts of the COVID-19 pandemic has been that many wealthy university libraries have extended their electronic subscriptions, the same cannot be said worldwide. An old-fashioned 'reader' still has a role to play.

Not least, this carefully curated anthology format offers much more than a collection of readings that could be simply downloaded from journal repositories. It allows us to consider the differences between, for example, interdisciplinarity, transdisciplinarity and team science, and how they might relate to the different contexts in which they were developed. At face value, a novice may consider that these are all simply forms of collaborative research. Yet a more nuanced reading of the literature shows us that transdisciplinarity, for example, is much more than 'interdisciplinarity plus engagement with stakeholders' but is characterised by an ethos of openness to new encounters, co-production of knowledge and reflexivity (Pohl and Hirsch Hadorn, 2007). Unlike some forms of ID and team science, TD routinely makes

use of a range of new research methods to address power dynamics within collaborative projects. The very notion of transdisciplinary research may be new to some readers, albeit that they may already have some familiarity with interdisciplinary research (see, for example, Lyall et al, 2015). The format of this book therefore enables us to highlight cross-cutting issues without minimising important differences between these approaches or trying to impose standardisation.

Developing the book out of our work on the SHAPE-ID Toolkit and the research that underpinned its development has also enabled us to identify gaps in current knowledge; for example, we were unable to find much existing information on budgeting for ID and TD. We have also reflected on how different country contexts matter (see also Vienni-Baptista and Klein, 2022), and how different disciplines approach similar challenges but feel the need to brand them with their own imprimatur. Again, this may be a feature of modern research cultures that, at the same time as we are recognising the benefits of cross-disciplinary collaboration, academia still feels the need to carve out its own specialisms. Current work on 'responsible research and innovation' (Felt, 2018) may be one such example, and surely has much to learn from existing scholarship on transdisciplinary research.

#### How is the book structured?

This book shares elements of its structure with the SHAPE-ID Toolkit, which was developed with a similar aim of providing a guide to existing resources on how to undertake inter- and transdisciplinary research. The Toolkit was structured around a set of nine goals that followed the research process from the beginning to its end – from finding out about interdisciplinarity and transdisciplinarity to developing a career in the field – and we have used these goals as chapter headings for this book.

The design of the SHAPE-ID Toolkit was based on a synthesis of the findings of the literature reviews, survey, interviews, stakeholder workshops and Expert Panel consultation that constituted the main elements ('work packages', in EU funding terminology) of the research project. The Toolkit is structured in such a way as to act as a gateway to direct users to relevant information tailored to their specific interests and goals. It takes the form of 'guided pathways' that provide different points of access to enable customised user journeys based on the needs of individual Toolkit users. The web-based Toolkit was therefore designed with these features in mind, allowing different entry points and pathways depending on the profile of the user (for example, researcher, funder); their existing level of knowledge about inter- and transdisciplinary research; and the tasks they wish to accomplish (such as co-create a project, evaluate an IDR and TDR proposal).

Following this 'Introductory Essay', nine chapters introduce readers to selected core texts that underpin the current state of knowledge in the field. These mirror the guided task-based pathways that we created for the SHAPE-ID Toolkit. As such, they represent the core topics in ID and TD that cover the main challenges for newcomers but also for more experienced researchers and practitioners. Each chapter begins with a short introduction to the topic written by one of the editors, followed by three or four selected extracts (reproduced by permission of the original publishers, see 'Copyright Permissions' at the end of the book) that illustrate key learnings on the topic from the perspective of different writers. These readings are accompanied by short commentaries provided by invited contributing authors (and, in some cases, the editors) where the commentators reflect on why these readings are important to the practice of ID and TD. In doing so, they draw on examples of how they, themselves, have made use of specific approaches (conceptual or practical) described in the extracts, and offer insights into how useful or successful they were. Through these personal reflections, our contributing authors explain how their own experiences relate (or not) to the accounts given in our chosen extracts, offering the reader different standpoints and key takeaway points from each chapter. Every chapter also includes a short list of suggested further readings to offer additional perspectives.

In adopting this format, our goal is to offer an overview of the many and varied forms of ID and TD so that readers can build on these foundations in their own work. Rather than attempt to offer an overarching final conclusion, the book closes with a short 'Epilogue' authored by the three editors, with contributions from our commentary writers, where we reflect on our own experiences of inter- and transdisciplinary research and the process of producing this collection. Given the nature of this book, it is not our goal as editors to imply that this collection constitutes the only way to do these forms of research.

# The commentaries as a conversation on inter- and transdisciplinarity

Inter- and transdisciplinary research are collective endeavours. Sharing the accumulated wisdom of those with practical experience of these kinds of research was of particular importance to us as an editorial team. We liked the idea of some form of dialogue that would test out our understandings of the significance of the readings we had chosen as emblematic of some of the issues that practitioners might encounter. This also enabled us to bring in a range of perspectives and, crucially, lived experiences. In this section, we offer a conversation that intertwines key insights from the chapters of this book. In such a conversation, we elaborate on cross-cutting topics

throughout the chapters, showing that the book is rich in offering food for thought and open spaces for further explorations by the readers. Chapters can also be read separately – they all contain a narrative that guides the reader into the topic.

We, the editors, invited colleagues at different stages of their career and with different roles within academia to share their insights in the form of commentaries that accompany each of the chapters in this book. This group of contributing authors reflects diversity in their engagement and experience with inter- and/or transdisciplinary research. Authors hold a variety of leadership or mentorship roles, and strive for IDR and TDR as junior or senior researchers, project or programme managers in different countries. Their commentaries offer personal reflections, weaving a dialogue with the scientific literature embedded within the carefully selected excerpts contained in each chapter. These commentaries do not impose fixed formulas for successful collaboration; rather, they offer honest accounts of the challenges we face when we try to define, co-create, design, evaluate, fund, communicate, improve, support and develop a career in inter- and transdisciplinarity.

**Chapter 1** focuses on disentangling some of the understandings of inter- and transdisciplinarity. Literature revolving around definitions of these terms has extensively discussed the differences in conceptualisations and explores how these definitions influence practices and research processes. The selection of extracts in this chapter provides the reader with a detailed and nuanced framework for understanding different models of collaborative research.

Closing Chapter 1, Isabel Fletcher offers an insightful text by exploring the extracts in the light of her own career. She positions herself as a researcher interested in 'interdisciplinary topics', and from that perspective, details a personal account of the academic literature on interdisciplinary research. From Fletcher's commentary, we learn what is common to a generation of researchers working in interdisciplinary settings: 'we arrive to the field because of our specific interests and motivation but not really knowing the corpus of knowledge available to guide our interdisciplinary practices'. We, interdisciplinarians and transdisciplinarians, then, are and were grateful for Julie Klein's books to light our path.

Another important observation Fletcher draws is her experience in the interdisciplinary field of science and technology studies (STS). She rightly points out that some fields or disciplines encourage methodological (and epistemological) pluralism. Should this be the rule for all disciplines faced with current societal challenges? The internal structure of disciplines influences the ways in which researchers working within them practise interdisciplinarity (and transdisciplinarity). At the end, Fletcher is right in signalling that the extracts in this chapter give us a vocabulary to better explain what we do when we do inter- or transdisciplinary research.

Chapter 2 turns our attention to how to develop collaborative conditions when working in inter- or transdisciplinary settings. The selected extracts build a strong connection with Chapter 1, when Isabel Fletcher enquires about the concept of integration in interdisciplinarity and transdisciplinarity, and how researchers need to take opportunities to collaborate and engage in more restricted ways, without undermining the potentials of inter- and transdisciplinary research. However, there is a rich literature that provides guidelines on how to improve our collaborative skills, competencies and mindsets. Once more, a plethora of terms is presented – integrating, co-producing, co-creating, interfacing; with nuances, they point to the primary role of listening, understanding and enjoying working with others.

Bianca Vienni-Baptista builds on experiences from EU researchers in the commentary that accompanies this chapter. From her study of the experiences of these researchers when building and being invited to participate in large consortiums, she and her colleagues identified a group of factors that either facilitated or hindered the potential of such collaborations. Constraints ranged from individual inability to share a common goal to institutional obstacles that do not account for the time frames required for inter- and transdisciplinary research. In order to overcome these difficulties, Vienni-Baptista argues that 'care' is an indispensable component of successful collaborations. Care, affection and emotion in interdisciplinary research constitute recent topics of inquiry, together with the relational aspects of identities in collaborative settings (see, for example, Smolka et al, 2020; Schikowitz, 2021). Care in collaboration extends the individual attitude of tenderness to a collective practice, in which outputs are desired but the process of collaborating already constitutes a result.

As our focus is also on arts and humanities integration in inter- and transdisciplinary research, Vienni-Baptista highlights some of the differences that need to be considered when researchers from these fields are participating in or leading collaborative processes. As mentioned before in this 'Introductory Essay', new forms of framing problems and integrating perspectives can be put into practice when the arts and humanities have a voice (a loud and clear one, but not a soft or instrumental one, as Fletcher indicates in Chapter 1).

Continuing the conversation, **Chapter 3** centres on how to co-create a research project. It brings to the fore an often-neglected aspect of inter- and transdisciplinary research: the power dynamics that are at play in collaborative settings. An increasing number of authors have consistently posed the question of power in research ('who is entitled to start a transdisciplinary process and why?'; see, for example, Schmidt and Neuburger, 2017). However, this still seems to be a domain of other disciplines (such as anthropology or science and technology studies). The arts also call attention to the issue of power and asymmetries. Meaning-making and meaning

change in interventions and artistic work offers a good example of processes of collaboration – between the artist, the researcher and the communities – which questions who has the authority to understand a work of art.

Acknowledging and accepting the power differentials that exist in collaborative settings (see Extract 3.1 from Felicity Callard and Des Fitzgerald) might be a means to fight the 'utopia of co-creation', as Sibylle Studer indicates in her commentary in Chapter 3. She offers an informed perspective of how methods and tools used in inter- and transdisciplinary research projects have potentials but also may impose limits to what we can learn in such processes. Following the authors in the extracts, Studer strives for a combination of methods that allows researchers to think about when and in which phase they want to craft moments of co-creation, with whom they envisage interacting and with what intensity.

Studer's substantive experience in facilitating capacity-building workshops endows her with a rich perspective on how the question on methods can be deconstructed when the arts come into the conversation. Studer reflects on how methods and tools rely on their co-creators for continuous meaningmaking. The need for attribution may put some co-creators more at risk than others, particularly if the former are deemed less powerful. Interestingly, Studer asks whether such uneven situations may lead to the decision not to co-create. Co-creation, as Studer expresses, is a multifaceted process, starting with agreeing on definitions, as shown in Chapter 1, and strengthening skills, as mentioned in Chapter 2 and discussed further in Chapter 7.

Chapter 4 moves a step further and explores funding collaborative research projects. Catherine Lyall reflects on how politics and power dynamics are still in place when funding agencies decide in what way and how to support inter- and transdisciplinary research. She observes that debates on interdisciplinarity and transdisciplinarity have not moved on, with extracts from later periods still discussing the same challenges we, researchers, face when gaining funding for our proposals. Lyall rightly observes that institutions around the world still do not develop systemic programmes of funding schemes for inter- and transdisciplinary research. Some examples give us hope, and efforts, such as the current Horizon Europe programme, serve as inspiration for future approaches.

But funding alone is not enough. Effective inter- and transdisciplinary programmes need integral support in the medium and long term. Lyall's commentary reminds us of the need for greater flexibility in inter- and transdisciplinary funding. Inter- and transdisciplinary research need spaces, symbolic and physical, to develop and change as they respond to the needs and perspectives of different disciplines and societal actors.

From this commentary, we are reminded that inter- and transdisciplinary processes need careful planning. Who initiates interdisciplinarity (in all its forms) is significant – whether it is initiated and driven mainly by science

managers and policymakers or by researchers (see Extract 4.3 by Julia Stamm). This can influence research and its achievements. We can argue that this unsystematic implementation of funding schemes has been the norm for many years, and has led to the untidy and inconsistent ecosystem that we see around inter- and transdisciplinary research. What are funding agencies aiming for when funding inter- and transdisciplinary programmes without a consistent policy? We described a similar situation in the SHAPE-ID policy briefs in which we argued that the exclusion of contributions from the arts and humanities when addressing societal challenges means that inter- and transdisciplinary research do not achieve their full potential (Fletcher et al, 2021). One way out of this problem is to foreground the role of the integration expert in inter- and transdisciplinary research, as colleagues have recently argued for (Hoffmann et al, 2022).

The evaluation of inter- and transdisciplinary research projects is the topic of **Chapter 5**. Assessing collaborative settings, their outputs and impact, constitutes a challenging task. It implies responsibility from reviewers but also from institutions. In his commentary, Christian Pohl agrees with Katri Huutoniemi and Ismael Rafols (see Extract 5.2) that breadth, integration and transformation are three key aspects of inter- and transdisciplinary research and their quality.

We call the attention of the reader to the second element – integration - which is also a key element of evaluation processes. Pohl suggests that good inter- or transdisciplinary proposals should explicitly state what the applicants mean by integration (for example, reaching consensus, relating differing viewpoints), why this is the appropriate type of integration given the project's purpose, and how the applicants plan to achieve integration. Such processes can lead to the co-creation of new types of leadership (and of power relations?). In the future, assessment of leadership skills that support successful collaborative process should be part of the evaluation process in inter- and transdisciplinary research (see Extract 2.1 by Catherine Lyall et al). In her commentary for Chapter 4, Lyall asserted that other forms of collaboration and knowledge co-production are being ignored in evaluation processes. However, processes to assess these aspects of collaboration are currently in use. Examples include the Quality and Relevance in the Humanities (QRiH)<sup>10</sup> criteria or the Declaration on Research Assessment (DORA)<sup>11</sup> followed by the Swiss National Science Foundation when evaluating career paths.

Chapter 5 focuses mainly on the evaluation of research proposals, but we could also extend Pohl's concerns to peer review processes for scientific papers and other publications. Although some could argue that this is 'a whole different kettle of fish', both processes entail the operation of levels of authority and power that are not usually openly acknowledged within the academic system. In this book, **Chapter 6** focuses on communicating

inter- and transdisciplinary findings, which indirectly relates to how these outputs are assessed.

Chapter 6 considers what constitute successful inter- or transdisciplinary publishing or knowledge transfer processes. While selecting the extracts that compose this chapter, we recognised that a more profound understanding of this process is still needed. There is little literature analysing the challenges of communicating co-created findings in inter- and transdisciplinary research. Although a seminal work by O'Rourke and co-authors was written in 2013, other relevant topics have been added to this discussion through the years. One example is the paper by Christian Pohl (Extract 6.2), which argues that transdisciplinary research can contribute to policymaking using a collective process involving multiple policy cultures.

Chapter 6 shows different levels and purposes of communication processes. Extracts address topics such as publishing inter- and transdisciplinary outputs, the potential transdisciplinarity has as a means of bridging communication with the policy sector, and the impacts of inter- and transdisciplinary research. In the accompanying commentary, Sabine Hoffmann acknowledges this eclectic set of topics in relation to the overarching aim of communicating science. Hoffmann adds new references that emphasise the need for more sustained and intense interactions – both formal and informal – between researchers and target groups to ensure greater use of inter- and transdisciplinary research findings.

Hoffmann rightly points out that interdisciplinarians and transdisciplinarians face the pervasive culture of 'publish or perish', reinforced by obstacles posed when seeking to publish in high-impact journals. Following Erin Leahey et al (Extract 6.3), Hoffmann shows that inter- and transdisciplinary research is a 'high-risk, high-reward endeavour' involving fewer published papers but higher visibility in the long run.

Chapter 7 highlights the skills that inter- and transdisciplinary researchers and practitioners develop in the course of their work. These encompass attributes such as leadership, communication, negotiation and integration, already mentioned in the previous chapters. In this case, the extracts allow the reader to better understand the cultural and emotional aspects of interand transdisciplinary research. As social activities, collaborative research practices are embedded in relational but also personal approaches to work. In authoring the commentary for this chapter, Nathalie Dupin draws on her experiences as an early career researcher. This standpoint confers real depth and value to Dupin's observations. From her perspective, new researchers may underestimate the skills involved in building multiple relationships in interdisciplinarity and transdisciplinarity. To explain this further, she structures her reflections around three concepts that most benefit newer researchers or those new to inter- and transdisciplinary research – learning, ethics and reflexivity.

In the last few years, an increasing number of inter- and transdisciplinary researchers in different scientific communities have come to address failures in their work (see Fam and O'Rourke, 2021). Dupin has the courage to also address delicate matters such as the necessity for 'ethical research within reflexive relationships', a topic that is still an 'elephant in the room' in interand transdisciplinary settings. She rightly indicates that remaining ethical in our relationships is a critical factor in building trust within a team.

Dupin concludes her piece by addressing the relevance of reflexivity in inter- and transdisciplinary research. We researchers usually take for granted the personal and collective processes of reflection we are embedded into during collaborative practices. In her commentary, Dupin discusses two interrelated levels: how individual group members need to learn from each other to carry out effective collaborative work, and the importance of an ethical stance in relationships to maintain safe spaces in which members can freely contribute their best efforts. These relationships are continually evolving practices that require us to be aware of, and monitor, our own actions in relation to others.

**Chapter 8** continues this dialogue on interdisciplinarity and transdisciplinarity by centring the attention on how to support collaborative researchers. Researchers, practitioners, students and administrators are often faced with institutional encumbrances when trying to align structural norms to the daily practice of conducting inter- and transdisciplinary research.

Maureen Burgess and Doireann Wallace, colleagues from the SHAPE-ID consortium, played a substantive role in that project as financial manager and project manager respectively. They contribute the commentary to this chapter as important actors in inter- and transdisciplinary projects whose voices are usually unheard but are, in fact, indispensable to achieving a successful collaborative process. Burgess and Wallace build their reflections around two aspects: the need to understand, map and connect inter- and transdisciplinary expertise within and beyond higher education institutions, and the importance of long-term vision and leadership to build a culture supportive of inter- and transdisciplinary research.

Undoubtedly, institutions hold responsibility and power to enable more and better inter- and transdisciplinary research, as Christian Pohl indicates in his commentary in Chapter 5 or Catherine Lyall in hers in Chapter 4. But how to make institutions and their authorities listen to demands about recognising, nurturing and facilitating integration expertise? One way suggested by Burgess and Wallace is to acknowledge the difficult realities of undertaking and supporting inter- and transdisciplinary research, and to find ways to map and connect the tacit expertise that exists across the institution, among both researchers and professional staff. Burgess and Wallace offer recommendations at different levels of commitment but equally relevant to supporting interdisciplinarity and transdisciplinarity in institutional contexts,

all of which can be summarised in the urgent need to consolidate a cultural change towards impactful collaborative research.

Completing the book, **Chapter 9** places the emphasis on future generations of researchers developing a career in inter– and transdisciplinary research. From mixed messages to lack of adequate supervision or mentorship, early career researchers shape the field of interdisciplinarity and transdisciplinarity while navigating dangerous waters. How do we better support them and encourage them to take risks in an academic ecosystem where more experienced researchers still find it hard to work collaboratively? The chapter collects four extracts from different authors working in varied contexts dealing with complementary obstacles to consolidating an inter– or transdisciplinary career.

The commentary in this chapter is authored by Kirsi Cheas, an early career researcher herself, who has taken on an active role in fostering empowering stories for junior researchers that go beyond obstacles and difficulties. She offers an honest account of the constraints she faced, balancing realism and reassurance in supporting the careers of other inter- and transdisciplinary scholars. Cheas acknowledges her own struggles, but confesses that those have helped her to develop the qualities of perseverance, resistance and tolerance for ambiguity and failure that she finds are fundamental for a career in inter- and transdisciplinary research. Should we argue that early career researchers need to experiment with inter- and transdisciplinary research but not pay the price of burnout, frustration and insecurity based on fixed-term contracts and uncertain career prospects? We read elsewhere that appreciative leadership (Whitney et al, 2010) is a means to strive for positive power - meaning that we can bring out the best in people and situations when we have the courage to inspire others. And this can be the key for early career researchers: offering them appreciative supervision that allows for their independence, while providing care and guidance.

Cheas is a clear example of such appreciation within inter- and transdisciplinary research. Her piece describes ways to build communities of practice but also demonstrates the need for commitment and bridges between existing networks. The positive examples she gives provide clear evidence that 'faith' also plays a role in science, and by believing in the capacities early career researchers bring to inter- and transdisciplinary research, we are supporting cultural change.

From the commentaries we learn that researchers and practitioners embrace heterogeneity in conducting, accompanying, supporting or promoting inter- and transdisciplinary research. In the chapters that follow, the reader will learn about inter- and transdisciplinary research in a different way: there are no fixed formulas, pre-digested definitions or ready-prepared recipes. The book offers highlights, contrasts, surprises and food for thought. We encourage readers to be inspired and, perhaps, to use this book to inspire others to embark on inter- and transdisciplinary research.

#### Technical note

We have described how we curated the collection of readings that follow. In each case we have acquired the rights to reproduce selected extracts from these published materials from the copyright holders (see 'Copyright Permissions' at the end of the book). We have endeavoured to reproduce these extracts faithfully from the originals. This means that we have not edited or corrected any errors in the selected text. This results in, for example, a mix of UK/US English spellings, some idiomatic use of language and occasional typographical errors that were in the originals. To avoid excessive copyright charges, we have generally decided against including any original figures in these extracts except where that was unavoidable to make sense of the reading. In some of the longer pieces such as book chapters, where we have selected non-contiguous text, this has been indicated using ellipses (see Extract 4.3, for example). Following some user testing, we took the decision as an editorial group not to include in this book any references, footnotes, endnotes or any cross-referencing from the extracts themselves. After some debate, we took the view that, including all of this material might risk overwhelming the reader and be counterproductive to the overarching goal of the anthology, which is to provide a manageable introduction to a potentially unwieldy topic. This does mean that, occasionally, readers will see a table or a figure cited that has not been included with the extract. However, full reference citations are given for all of the extracts that we have included, and we hope that readers will be motivated to seek out and read sources that have inspired them in full. For each chapter, we include a 'References and further reading' section that includes any additional references cited by the commentary writer together with a small selection of readings that the editors felt provided complementary perspectives from the longer SHAPE-ID bibliography. Finally, in addition to a 'List of Acronyms', we have included a short 'Glossary' of (predominantly) social science terms that appear in some of the extracts. This is by no means an exhaustive glossary, and nor are we claiming that these are the only interpretations available, but the definitions we offer may make this anthology more accessible to readers from other backgrounds.

#### **Notes**

- <sup>1</sup> To aid readability we have tried to minimise the use of acronyms. Despite this, IDR and TDR and ID and TD are sometimes given as acronyms.
- <sup>2</sup> The term 'interdisciplinary' was apparently first used in the 1920s (Klein, 1990).
- <sup>3</sup> We did not include policy literature in this reader, but we provide relevant references in the 'References and further reading' section at the end of each chapter.
- 4 https://transdisciplinarity.ch/en/publikationen/tour-dhorizon
- See www.shapeidtoolkit.eu/wp-content/uploads/2021/03/Guide-Annotated-Bibliography-Academic.pdf

- <sup>6</sup> For a detailed list of factors see Vienni-Baptista et al (2020b).
- For a detailed explanation on the quantitative methods that we applied and the findings, please refer to Vienni-Baptista et al (2020b).
- To illustrate the roles that AHSS research and creative practice can play in IDR and TDR, the SHAPE-ID Toolkit offers short accounts of innovative research projects and infrastructures. These case studies can be downloaded as PDF documents from: www. shapeidtoolkit.eu/case-studies
- <sup>9</sup> See www.shapeidtoolkit.eu
- 10 www.qrih.nl/en/about-qrih
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# Index

References to figures and boxes appear in *italic* type; those in **bold** refer to tables.

A	and modes of interdisciplinarity 29-33,
academic 'value' 113	43–5
adaptive behavior 157	motivations for interdisciplinarity
administrative tasks 72, 165	33–6, 43–5
advisory bodies 192	power relations 69–73
agenda setting, joint 97, 101, 102, 114	science policy instrument 109-11, 112,
agonistic-antagonistic mode x, 31-2, 33,	113, 115, 116
44	understandings of interdisciplinarity
Agrawal, A. 177-8, 186-92, 199, 200, 201	36–41, 43–5
Ainsworth, P. 85, 87	unstated contributions 69, 84-8, 90, 91
alignment of mental models 161	see also publications
Allison, E.H. 206, 208-12, 220, 221, 222	
antidisciplinarity 27–8	В
appraisals 215, 216	Baggott, J. 85-6, 87
Araya, Y. 206, 212-14, 221	Bammer, G. 132
Armitage, D. 206, 208–12, 220, 221, 222	publication culture 137, 138-40
artefact (artifact) x, 84-8	supporting collaborative research
articulation 57–8	177–92, 199, 200, 201
arts, humanities and social sciences (AHSS)	Barry, A. 24-5, 29-33, 44
(general)	Bawa, K. 177–8, 196–2, 199, 200, 201
funding calls xix	Beckman, C. 138, 147-9, 150, 151
roles and functions of 8-10	behavioral science movement 26
scale of research 53	Bergmann, M.
SHAPE-ID Tool kit xviii, 65	dimensions and types of integration 68,
status of 5, 64, 165	69, 73–6, 89–1
arts, humanities and social sciences (AHSS)	expertise in integration and
collaborations with STEMM	implementation 177, 178-86, 199,
bridging disciplinary cultures 49, 52-8,	200, 201
64, 74, 81, 152, 155–6, 169–74,	ideal-typical transdisciplinary research
209	process 76-84, 89-91
co-creating research projects 69–73,	Bertsch, P. 177-8, 186-92, 199, 200, 201
75, 84–8, 90, 91, 94	boards 192
developing collaborative conditions	Boix Mansilla, V. 133, 151
60–6	Boon, A. 206, 208-12, 220, 221, 222

Boone, C.G. 177-8, 186-92, 199, 200, 201	champions 212, 217
Born, G. 24–5, 29–33, 44	Cheas, K. 19, 218–23
bottom-up interdisciplinarity 110, 115	Clarke, E. 205, 206-7, 219, 220
boundary objects 77, <b>80</b> , 82, 90, 106, 162	climate change research 31, 35, 76, 103,
boundary-pushing 211	106
boundary work 144	co-creating a research project 14–15,
Bourdieu, P. 174	68–92
Bracken, L.J. 47, 52-8, 63, 64	conflict prevention/management 81,
Bradbury, H. 177, 178-86, 199, 200, 201	83–4, 157–8, 174
breadth, evaluation of 124, 132	design principles 79-84
bricolage x, 42	dimensions and types of integration 68,
bridge building 26	73–6, 89, 90, 91
Bridle, H. 206, 212-14, 221	ideal-typical transdisciplinary process
broadness 128, 130	69, 76–84, 89–90, 91
Bruce, A. 47, 48-52, 63, 65	power relations 68, 69-73, 90, 91
Burgess, M. 18, 199-204, 225	pressure points 72–3
Burgman, M.A 177, 178-86, 199, 200, 201	sustainability science example 79-84
Bursztyn, M. 177, 178-86, 199, 200, 201	td-net toolbox for coproducing
Buser, T. 93, 94-104, 112, 113, 114, 116	knowledge 89–90
Butz, B. 119, 127-31	unstated contributions 69, 84-8, 90, 91
	see also arts, humanities and social
C	sciences (AHSS) collaborations with
Callard, F. 68, 69-73, 90, 91	STEMM; collaboration
Campbell, C. 177-8, 186-92, 199, 200,	coastal zones project 146
201	cognitive dimension of IDR and TDR
Cardillo, M. 206, 212-14, 221	151, 161
career development 19, 205-23	cognitive integration 161
early career researchers 7, 19, 190–1,	collaboration 14, 47–66
194, 195, 196, 203, 217–23	benefits of 164
evaluating scholarship 196–7	bridging disciplinary cultures 49, 52-8,
grassroots support community 220-1	64, 74, 81, 152, 155–6, 169–74, 209
institutional support 178, 192–9, 200,	bringing it all together 49-50
201–2, 206, 215–20	conceptualizing the research problem 48
interdisciplinary encounters 206,	conflict prevention/management 81,
212–14, 221	83–4, 157–8, 174
and leadership 220	costs of/barriers to 63-4, 65, 164-8
mentoring 160, 166, 216–17	credit allocation 165-7
old academy vs new academy 205,	distributing team responsibilities 48-9
206-7, 219, 220	endpoint 50
and productivity 195	ethics 173–4, 175
	and exploitation 166
promotion 196-/, 202, 215-16	and exploitation 100
promotion 196–7, 202, 215–16 tips for researchers 206, 208–12, 220,	_
tips for researchers 206, 208–12, 220,	free riding 165–6
tips for researchers 206, 208–12, 220, 221, 222	free riding 165–6 and inequality 167
tips for researchers 206, 208–12, 220,	free riding 165–6 and inequality 167 knowledge co-production methods
tips for researchers 206, 208–12, 220, 221, 222 Trinity Long Room Hub Institute of	free riding 165–6 and inequality 167

mentoring style 166	conceptualizing the research problem 48
mitigating costs/barriers 49, 65, 167-8	confidence, intellectual 162
and publications 164-6	conflict prevention/management 81,
recommendations 65-6	83–4, 157–8, 174
role strain 166	consensus 65, 158
SHAPE-ID survey 63-6	consent/dissent, communication 157
skills development 155, 156-63,	consilience x, 27, 105
164–8, 172–6	constitutive definition x
succession planning 51	constitutive metaphor 56
sustainability of the investigation 50-1	constructivism 121
tips for team managers 48-52, 65	Cooke, S.J. 206, 208–12, 220, 221, 222
toolkits 66	core knowledge 208
see also arts, humanities and social	Crawford, L. 177, 178-86, 199, 200, 201
sciences (AHSS) collaborations with	cultivation encounters 213, 214
STEMM; co-creating a research	culture 188–9, 211–12
project; integration	cultures, policy
collegial contact 198-9	academic policy culture 141, 142-4,
common group learning 161	<i>142</i> , 145, 146
communicating research findings 16-17,	bureaucratic policy culture 141, 142,
137–52	143, 144, 145, 146
credit allocation 165-7	civic policy culture 141, 142, 145, 146
free riding 165-6, 175	economic policy culture 141, 142,
impact of interdisciplinarity on	145, 146
productivity 138, 147-9, 150, 151,	Cvitanovic, C. 206, 208-12, 220, 221, 222
1 , , , , , ,	
164, 165	
	D
164, 165	
164, 165 and inequality 167	D
164, 165 and inequality 167 mentoring style of collaboration 166	<b>D</b> Derwort, P. 205, 206–7, 219, 220
164, 165 and inequality 167 mentoring style of collaboration 166 modes of <b>98</b> , 103–4	<b>D</b> Derwort, P. 205, 206–7, 219, 220 development encounters 213, 214
164, 165 and inequality 167 mentoring style of collaboration 166 modes of 98, 103–4 outputs and policy cultures 137–8,	<b>D</b> Derwort, P. 205, 206–7, 219, 220 development encounters 213, 214 dialects 54–5
164, 165 and inequality 167 mentoring style of collaboration 166 modes of <b>98</b> , 103–4 outputs and policy cultures 137–8, 140–6, 150	<b>D</b> Derwort, P. 205, 206–7, 219, 220 development encounters 213, 214 dialects 54–5 differentiation 71, 74, 77
164, 165 and inequality 167 mentoring style of collaboration 166 modes of <b>98</b> , 103–4 outputs and policy cultures 137–8, 140–6, 150 publication culture in TDR 137,	D Derwort, P. 205, 206–7, 219, 220 development encounters 213, 214 dialects 54–5 differentiation 71, 74, 77 disciplinary boundaries 29–30
164, 165 and inequality 167 mentoring style of collaboration 166 modes of <b>98</b> , 103–4 outputs and policy cultures 137–8, 140–6, 150 publication culture in TDR 137, 138–40	D Derwort, P. 205, 206–7, 219, 220 development encounters 213, 214 dialects 54–5 differentiation 71, 74, 77 disciplinary boundaries 29–30 disciplines/disciplinary
164, 165 and inequality 167 mentoring style of collaboration 166 modes of <b>98</b> , 103–4 outputs and policy cultures 137–8, 140–6, 150 publication culture in TDR 137, 138–40 communication skills	D Derwort, P. 205, 206–7, 219, 220 development encounters 213, 214 dialects 54–5 differentiation 71, 74, 77 disciplinary boundaries 29–30 disciplines/disciplinary antidisciplinarity 27–8
164, 165 and inequality 167 mentoring style of collaboration 166 modes of 98, 103–4 outputs and policy cultures 137–8, 140–6, 150 publication culture in TDR 137, 138–40 communication skills bridging disciplinary divides 49, 52–8,	D Derwort, P. 205, 206–7, 219, 220 development encounters 213, 214 dialects 54–5 differentiation 71, 74, 77 disciplinary boundaries 29–30 disciplines/disciplinary antidisciplinarity 27–8 boundaries 29–30
164, 165 and inequality 167 mentoring style of collaboration 166 modes of 98, 103–4 outputs and policy cultures 137–8, 140–6, 150 publication culture in TDR 137, 138–40 communication skills bridging disciplinary divides 49, 52–8, 64, 74, 81, 152, 155–6, 169–74, 209	D Derwort, P. 205, 206–7, 219, 220 development encounters 213, 214 dialects 54–5 differentiation 71, 74, 77 disciplinary boundaries 29–30 disciplinary antidisciplinarity 27–8 boundaries 29–30 and heterogeneity 29–30
164, 165 and inequality 167 mentoring style of collaboration 166 modes of 98, 103–4 outputs and policy cultures 137–8, 140–6, 150 publication culture in TDR 137, 138–40 communication skills bridging disciplinary divides 49, 52–8, 64, 74, 81, 152, 155–6, 169–74, 209 conflict prevention/management 81,	D Derwort, P. 205, 206–7, 219, 220 development encounters 213, 214 dialects 54–5 differentiation 71, 74, 77 disciplinary boundaries 29–30 disciplinarity 27–8 boundaries 29–30 and heterogeneity 29–30 hybrid 26
164, 165 and inequality 167 mentoring style of collaboration 166 modes of 98, 103–4 outputs and policy cultures 137–8, 140–6, 150 publication culture in TDR 137, 138–40 communication skills bridging disciplinary divides 49, 52–8, 64, 74, 81, 152, 155–6, 169–74, 209 conflict prevention/management 81, 83–4, 157–8, 174	D Derwort, P. 205, 206–7, 219, 220 development encounters 213, 214 dialects 54–5 differentiation 71, 74, 77 disciplinary boundaries 29–30 disciplinary disciplinary antidisciplinarity 27–8 boundaries 29–30 and heterogeneity 29–30 hybrid 26 logic of 119, 121
164, 165 and inequality 167 mentoring style of collaboration 166 modes of 98, 103–4 outputs and policy cultures 137–8, 140–6, 150 publication culture in TDR 137, 138–40 communication skills bridging disciplinary divides 49, 52–8, 64, 74, 81, 152, 155–6, 169–74, 209 conflict prevention/management 81, 83–4, 157–8, 174 face-to-face vs long-distance 107	D Derwort, P. 205, 206–7, 219, 220 development encounters 213, 214 dialects 54–5 differentiation 71, 74, 77 disciplinary boundaries 29–30 disciplines/disciplinary antidisciplinarity 27–8 boundaries 29–30 and heterogeneity 29–30 hybrid 26 logic of 119, 121 meanings of 122
and inequality 167 mentoring style of collaboration 166 modes of 98, 103–4 outputs and policy cultures 137–8, 140–6, 150 publication culture in TDR 137, 138–40 communication skills bridging disciplinary divides 49, 52–8, 64, 74, 81, 152, 155–6, 169–74, 209 conflict prevention/management 81, 83–4, 157–8, 174 face-to-face vs long-distance 107 and multiple audiences 189	D Derwort, P. 205, 206–7, 219, 220 development encounters 213, 214 dialects 54–5 differentiation 71, 74, 77 disciplinary boundaries 29–30 disciplines/disciplinary antidisciplinarity 27–8 boundaries 29–30 and heterogeneity 29–30 hybrid 26 logic of 119, 121 meanings of 122 relationship with interdisciplinarity 29
and inequality 167 mentoring style of collaboration 166 modes of 98, 103–4 outputs and policy cultures 137–8, 140–6, 150 publication culture in TDR 137, 138–40 communication skills bridging disciplinary divides 49, 52–8, 64, 74, 81, 152, 155–6, 169–74, 209 conflict prevention/management 81, 83–4, 157–8, 174 face-to-face vs long-distance 107 and multiple audiences 189 and repeat collaborations 168	D Derwort, P. 205, 206–7, 219, 220 development encounters 213, 214 dialects 54–5 differentiation 71, 74, 77 disciplinary boundaries 29–30 disciplines/disciplinary antidisciplinarity 27–8 boundaries 29–30 and heterogeneity 29–30 hybrid 26 logic of 119, 121 meanings of 122 relationship with interdisciplinarity 29 diversity, high/low 125, 128, 130, 132
164, 165 and inequality 167 mentoring style of collaboration 166 modes of 98, 103–4 outputs and policy cultures 137–8, 140–6, 150 publication culture in TDR 137, 138–40 communication skills bridging disciplinary divides 49, 52–8, 64, 74, 81, 152, 155–6, 169–74, 209 conflict prevention/management 81, 83–4, 157–8, 174 face-to-face vs long-distance 107 and multiple audiences 189 and repeat collaborations 168 skills development 155, 156–63,	D Derwort, P. 205, 206–7, 219, 220 development encounters 213, 214 dialects 54–5 differentiation 71, 74, 77 disciplinary boundaries 29–30 disciplinarity 27–8 boundaries 29–30 and heterogeneity 29–30 hybrid 26 logic of 119, 121 meanings of 122 relationship with interdisciplinarity 29 diversity, high/low 125, 128, 130, 132 Dodd, P. 177–8, 186–92, 199, 200, 201
164, 165 and inequality 167 mentoring style of collaboration 166 modes of 98, 103–4 outputs and policy cultures 137–8,         140–6, 150 publication culture in TDR 137,         138–40 communication skills bridging disciplinary divides 49, 52–8,         64, 74, 81, 152, 155–6, 169–74, 209 conflict prevention/management 81,         83–4, 157–8, 174 face-to-face vs long-distance 107 and multiple audiences 189 and repeat collaborations 168 skills development 155, 156–63,         167–8, 172–6	D Derwort, P. 205, 206–7, 219, 220 development encounters 213, 214 dialects 54–5 differentiation 71, 74, 77 disciplinary boundaries 29–30 disciplines/disciplinary antidisciplinarity 27–8 boundaries 29–30 and heterogeneity 29–30 hybrid 26 logic of 119, 121 meanings of 122 relationship with interdisciplinarity 29 diversity, high/low 125, 128, 130, 132 Dodd, P. 177–8, 186–92, 199, 200, 201 Dooling, S. 218–19, 222 Dulake, N. 85–6, 87 Dunn, C. 85, 87
and inequality 167 mentoring style of collaboration 166 modes of 98, 103–4 outputs and policy cultures 137–8,	D Derwort, P. 205, 206–7, 219, 220 development encounters 213, 214 dialects 54–5 differentiation 71, 74, 77 disciplinary boundaries 29–30 disciplines/disciplinary antidisciplinarity 27–8 boundaries 29–30 and heterogeneity 29–30 hybrid 26 logic of 119, 121 meanings of 122 relationship with interdisciplinarity 29 diversity, high/low 125, 128, 130, 132 Dodd, P. 177–8, 186–92, 199, 200, 201 Dooling, S. 218–19, 222 Dulake, N. 85–6, 87
and inequality 167 mentoring style of collaboration 166 modes of 98, 103–4 outputs and policy cultures 137–8,	D Derwort, P. 205, 206–7, 219, 220 development encounters 213, 214 dialects 54–5 differentiation 71, 74, 77 disciplinary boundaries 29–30 disciplines/disciplinary antidisciplinarity 27–8 boundaries 29–30 and heterogeneity 29–30 hybrid 26 logic of 119, 121 meanings of 122 relationship with interdisciplinarity 29 diversity, high/low 125, 128, 130, 132 Dodd, P. 177–8, 186–92, 199, 200, 201 Dooling, S. 218–19, 222 Dulake, N. 85–6, 87 Dunn, C. 85, 87

E	tools for measuring interdisciplinarity
early career researchers (ECRs) 7, 19,	118, 122–4, <b>124</b> , 132
190-1, 194, 195, 196, 203, 217-23	transformation 124, 132-3
ecology 33-6	variability of criteria and indicators 120
education see career development; skills	variability of goals 120
development	evaluation <b>80</b> , 83, <b>98</b> , 104, <b>120</b> , 123, <b>124</b> ,
egos 210–11, 220	132–3
Elsum, I.R. 177, 178-86, 199, 200, 201	societal impact 59, 109
emotional dimension of IDR and TDR	(the) excellence turn 10
151, 165	expertise
empirical and formal sciences, integration	evaluating research proposals 121
of 75	fragmentation of 185-6, 200
endowments 191	indexing 184-5, 201
epistemology/epistemic definition x	integration and implementation 177,
Etherington, K. 173	178–86, <i>180</i> –1, 199, 200–1
ethics 173-4, 175	knowledge bank 182-6, 200-1
ethnocentrism definition x	understandings of different expertise 73
ethnography x, 32	exploitation 166
European Union 1, 2, 63, 94, 109-11,	
115	F
evaluating research 16-17, 118-35	Fam, D. 205, 206-7, 219, 220
breadth <b>124</b> , 132	Felt, U. 11
disciplinarity 119, 121	Finterdis 219–22
effectiveness and impact 120	Fitzgerald, D. 68, 69-73, 90, 91
formative evaluation x, 81, 83	Fletcher, I. 1-20, 41-5, 224-6
framework 118-19, 124-7, 132, 133	Flinders, M. 150-1
ideal-typical transdisciplinary process	formal and empirical sciences, integration
<b>80</b> , <b>81</b> , 82, 83	of 75
integration <b>124</b> , 132–3	formative evaluation x, 81, 83
interactions of social and cognitive	framing of problems 34–5, 45, 48, 64, 77,
factors in collaboration 120	79–82, <b>80</b> , 99, 110, 134
iteration and feedback in a	free riding 165-6, 175
comprehensive and transparent	Freeth, R. 205, 206-7, 219, 220
system 120	Frusher, S. 206, 208-12, 220, 221, 222
lack of consensus 122-3	Fulton, E.A. 177, 178-86, 199, 200, 201,
leadership 189–90	206, 208–12, 220, 221, 222
leveraging of integration 120	functional-dynamic model of participation
management, leadership, and coaching	82
120	funding collaborative research xix-xx,
measurement 121–2	15–16, 93–116, 167
peer review 121, 123	challenges 112–14
principles of 118, 119-22, 120, 132, 135	duration of 98, 104, 113, 115
and purpose <b>131</b> , 132	early career researchers 218
research proposals 124-6, 127-31, <b>130</b> ,	endowments 191
<b>131</b> , 132–5	flexibility 114
sustainable water case study 98, 104	institutional support 198, 203

	key stages 96–104, <b>97–8</b>	Hirsch Hadorn, G. 119, 127-31, 137,
	key success factors 95	138–40
	leadership 191	Hoffman, S. 17, 149–52
	organisational reforms 93-4, 105-8,	Horcea-Milcu, AI. 205, 206-7, 219, 220
	112, 113, 115, 116	Horizon 2020 1, 63, 109–11
	practical considerations 112	Horizon Europe 15, 63
	questions for funders 52	'housework' 72, 165
	research proposal evaluation 134–5	Human+ xx
	roles for funding bodies 95, 109–11, 114–15	humanities <i>see</i> arts, humanities and social sciences (AHSS)
	and science policy 93, 94-104, 112,	humility 163, 209, 220
	113, 114, 116	Huutoniemi, K. 118, 122-4, 132
	science policy and interdisciplinarity	hybrid disciplines 26
	94, 109–11, 112, 113, 115, 116	
	seed funding xix, 114, 116, 191, 198,	I
	203	ideal-typical transdisciplinary process x,
	tactics of budgeting 116	69, 76–84, 89–90, 91
	transdisciplinary research 93, 94-104,	design principles 79–84
	112, 113, 114, 116	'impact' activities 113
fu	ngible definition x	impact evaluation 83, 104
		impact of interdisciplinary and
G		transdisciplinary research
Gá	adlin, H. 177, 178–86, 199, 200, 201	costs of collaboration 164-8
ge	nerative definition x	of collaboration 36-7, 164
ge	nerosity 163	and funding 94-104, 113
ge	ography 36–41, 42–3	implementation and expertise 178-86,
	language of 54, 55, 56, 57-8	180–1
	power relations 69-70, 71	knowledge exchange 34, 97, 98, 101,
Gl	äser, J. 10	102, 103, 108
G	ordon, I.J. 177–8, 186–92, 199, 200,	measuring outputs 108, 113
	201	motivations 25, 33-41, 43
gr	assroots support 211–12, 220–1	planning for 132–3
Gı	raybill, J.K. 218–19	on productivity 138, 147-9, 150,
Gı	reenhalgh, T. 150	151–2, 164, 165, 195, 196
Gı	rigg, N.J. 177, 178–86, 199, 200, 201	role of social sciences and humanities 110
		see also communicating research
H		findings; evaluating research;
H	alpern, B.S. 206, 208–12, 220, 221, 222	integration
ha	ndover of responsibility 104, 115	implementation and expertise 178-86,
H	art, D. 177–8, 186–92, 199, 200, 201	180–1
H	aryanto, B. 177, 178–86, 199, 200, 201	institutional support 18–19, 177–204
Н	ellmann, J. 177–8, 186–92, 199, 200, 201	collegial contact 198–9
he	uristic metaphor 55–7	expertise in integration and
	uristics definition x	implementation 177, 178–86, 199,
	ilser, S. 205, 206–7, 219, 220	200, 201
H	inojosa, L. 206, 212–14, 221	fostering culture 211–12

intellectual confidence 162
intellectual flexibility 163
intellectual generosity 163
intellectual humility 163
intellectual integrity 163
intellectual labour 72
intellectual property 62, 159
Inter- and Transdisciplinary Alliance 222
interdisciplinary ombudsman 217
interdisciplinary and transdisciplinary
research (overview) 13, 24–45
ascendancy of transdisciplinarity 27–8
benefits of 36–7
bridge building versus restructuring 26
definitions of interdisciplinarity 25–6,
30–1, 37, 42
definitions of transdisciplinarity 10–11,
27, 30, 42
and internal structure of disciplines
39–41, 43
managerial top-down interdisciplinarity
110, 111, 115
modes of interdisciplinarity 24-5,
29–33, 44
motivations for interdisciplinarity 25,
33–41
mutable factors 8
and notions of identity 36-41, 42-3
plural understandings of 6–8
practitioner bottom-up
interdisciplinarity 110, 115
typologies 24, 25–8, 42
71 - 8 7
J
Jaeger, J. 177, 178–86, 199, 200, 201
Jahn, T. 68, 73–6, 89, 90, 91
Janetos, A. 177–8, 186–92, 199, 200, 201
joint learning 161, 210–11
joint problem framing 34–5, 43
Joye, D. 119, 127–31
Juarez-Bourke, S. 205, 206-7, 219, 220
K
Kaasila, R. 173
Kater-Wettstädt, L. 205, 206-7, 219, 220
Keller, R. 93, 94–104, 112, 113, 114, 116

Kelly, R. 206, 208-12, 220, 221, 222	bridging disciplinary divides 49, 52-8,
Klaniecki, K. 205, 206-7, 219, 220	64, 74, 81, 152, 155–6, 169–74, 209
Klein, J.T. 13,	co-authored works 73
communication and collaboration 155,	dialects 54–5
156–63, 172, 173, 174	ideal-typical transdisciplinary process 81
evaluating research 118, 119-22, 132,	metaphor 55-7
135	tips for researchers 209
expertise in integration and	Lattuca, L.R. 8
implementation 177, 178-86, 199,	Lau, L. 25, 36-41, 42-3
200, 201	Laudel, G. 10
typologies of interdisciplinarity 24,	Lawrence, R. 119, 127-31
25-8, 42-3	Leach, J. 48, 60-2, 63, 64
Knobloch, T. 68, 73-6, 89, 90, 91	leadership
knowledge	and career development 220
applying created knowledge 83	and collaboration and partnerships
collaboration between art and science	187–8
60–2	and communication and collaboration
disciplinary knowledge 29	156–8, 161
knowledge co-production methods	evaluating research proposals 129, <b>130</b>
47–8, 58–60, 65	fostering culture 211–12
Mode 2 knowledge production 28,	institutional 177–8, 186–92, 199, 200,
30, 32	201, 211–12
and modes of interdisciplinarity 30–3	resources for success 190–2
and motivations for interdisciplinarity	League of European Research Universities
33–6	(LERU) 203, 217
and policy cultures 141–6, 142	Leahey, E. 138, 147–9, 150, 151, 155,
tacit knowledge xi, 84, 87–8, 90, 178,	164–8, 172, 173
179, 196–7, 200, 201	linguistics see language
tips for researcher development 208–9	Lopes, P.F.M. 206, 208–12, 220, 221, 222
trends in transdisciplinarity 26–8	Lowe, P. 25, 33–6, 43
see also co-creating a research project;	Lutovac, S. 173
collaboration; integration	Lyall, C. 1–20, 111–16, 224–6
knowledge bank 182–6, 200–1	career development 206, 215–18, 219–20
knowledge brokering 60, 209	
knowledge exchange 34, <b>97</b> , <b>98</b> , 101, 102,	tips for team managers 47, 48–52, 63,
103, 108	65
knowledge integration 68, 73–6, 89, 90, 91	Lyons, L. 86–7
knowledge object 62	
knowledge reorganization 142–4	M
Krohn, W. 68, 73–6, 89, 90, 91	Mackay, M. 206, 208–12, 220, 221, 222
Kueffer, C. 137, 138–40	Mallee, H. 177–8, 186–92, 199, 200, 201
	management see leadership
L	managerial top-down interdisciplinarity
Lang, D.J. 69, 76–84, 89–90, 91	110, 111, 115
language	Marie Skłodowska-Curie Action (MSCA)
articulation 57–8	XX

Martens, P. 69, 76-84, 89-90, 91 ontology/ontological xi, 33 Martin, P.J.S. 178, 192-9, 200, 201, 202 open-mindedness 129, 158, 209 mathematical models 31 organisational reforms 93-4, 105-8, 112, McLeish, T. 118-19, 124-7, 132, 133 113, 115, 116 Meagher, L. 47, 48-52, 63, 65 O'Rourke, M. 177, 178-86, 199, 200, 201 measurement, and evaluation 121 Oughton, E.A 47, 52-8, 63, 64 see also evaluating research outputs, measuring 108, 113 medicine 86-7, 109-10 P mental models 161 mentoring 160, 166, 216-17 Pachanee, C.A. 177, 178-86, 199, 200, 201 Merkx, F. 177, 178-86, 199, 200, 201 Pasquini, M. 25, 36-41, 42-3 meta-skills xi, 175 patience 210 metaphor 55-7 Paulsen, T. 119, 127-31 methodological framework 75, 77, 80, 82 Peck, M.A. 206, 208-12, 220, 221, 222 methodology and method definitions xi Pecl, G.T. 206, 208-12, 220, 221, 222 Meyer, E. 205, 206-7, 219, 220 peer review 121, 123 Midgley, G. 177, 178-86, 199, 200, 201 see also evaluating research Miller, A. 177-8, 186-92, 199, 200, 201 performative definition xi Milner-Gulland, E.J. 206, 208-12, 220, Perrig-Chiello, P. 119, 127-31 221, 222 Peukert, D. 205, 206-7, 219, 220 Mode 2 knowledge production 28, 30, 32 Pfirman, S. 178, 192-9, 200, 201, 202 Moedas, C. xvii Phillipson, J. 25, 33-6, 43 Moll, P. 69, 76–84, 89–90, 91 Pickett, S.T.A. 177-8, 186-92, 199, 200, 201 monitoring 102, 189-90 platforms 157, 161-2 Pohl, C. xx, 16, 17, 18 multidisciplinarity 30, 37 mutual learning 103-4, 160-1, 175 communicating research findings mutuality 69-73 137-46, 150, 151 dimensions and types of integration 68, N 73-6, 89, 90, 91 Nash, K.L. 206, 208-12, 220, 221, 222 evaluating research 119, 127-35 Nentwich, M. 119, 127-31 knowledge co-production 47-8, networking 97, 101-2, 108, 212-14, 217, 58-60, 63, 65 218, 219-20, 221 publication culture 177, 178-86, 199, networks of practice 108 200, 201 Neuhauser, L. 177, 178-86, 199, 200, 201 policy cultures 140-6, 142 New, M. 177-8, 186-92, 199, 200, 201 policy literature 5 normative definition xi Polk, M. 177, 178-86, 199, 200, 201 'portmanteau' discipline 43 O positionality xi, 54 objectivity 60-1 positivism xi, 39 observers 145 post-disciplinary research 37 O'Connell, D. 177, 178-86, 199, 200, post-normal science xi, 28, 179 201 post-structuralism xi, 39 Ohlmeyer, J. xvii-xxi power relations 68, 69-73, 90, 91 ombudsman 217 practitioner bottom-up interdisciplinarity Ometto, J.P. 177-8, 186-92, 199, 200, 201 110, 115

problem framing 34–5, 45, 48, 64, 77, 79–82, <b>80</b> , 99, 110, 134	rewards 49, 52, 102–3, 105, 107, 108, 188, 198
problem solving 28, 32, 129, <b>130</b> , <b>131</b>	and career development 207, 210, 212,
productivity as measure of research 138,	215–16
147–9, 150, 151–2, 164, 165, 195, 196 programme preparation <b>96</b> , 99, 114	Rhoten, D. 93–4, 105–8, 112, 113, 114, 116 Richardson, G.P. 177, 178–86, 199, 200,
project observers 145	201
project selection <b>97</b> , 100–1	Rist, S. 93, 94–104, 112, 113, 114, 116
promotion 196–7, 202, 215–16, 220	role assignment 79, <b>80</b> , 82–3
proposal elaboration <b>96</b> , 99	role models 216, 217
public engagement work 72–3	role strain 165
publications	Rossini, M. 119, 127-31
appropriate voice 73	Rural Economy and Land Use (Relu)
credit allocation 49, 73, 165-7	project 33-6, 43
culture of in transdisciplinary research 138–40	Rust, C. 69, 84–8, 90, 91
discipline-specific journals 53	S
free riding 165-6, 175	safe spaces 174, 175
impact of interdisciplinarity on	scale of research 53
productivity 138, 147-9, 150,	Schneider, F. 93, 94-104, 112, 113, 114,
151–2, 164, 165, 195, 196	116
and inequality 167	Schramm, E. 68, 73–6, 89, 90, 91
mentoring style of collaboration 166	science and technology studies (STS)
planning a publication strategy 49–50,	41–2, 43
73	science policy
R	communicating research findings 140–6, 150
Rafols, I. 118, 122–4, 132	interdisciplinarity 94, 109–11, 112,
reciprocity 69–73, 91	113, 115, 116
recognition 195–6	transdisciplinarity 93, 94–104, 112,
reflection and learning, evaluating research	113, 114, 116
proposals 128–9, <b>130</b>	sciences, technology, engineering,
reflection-in-action 129, <b>131</b>	mathematics and medicine
reflexive/reflexivity xi, 174, 175	(STEMM) (general)
Research Excellence Framework (REF),	assumptions about AHSS 9, 64
UK 10, 113	historical dominance of 4
research managers and administrators	impact of interdisciplinarity on
(RMAs) 199–200	productivity 138, 147–9, 150, 151,
research objectives 77, <b>80</b> , 82	164, 165
research proposal evaluation 124–6,	trends in research collaboration 164–8
127–31, <b>130</b> , <b>131</b> , 132–5	see also science policy
research questions <i>see</i> problem framing	sciences, technology, engineering,
research skills <i>see</i> skills development respect xviii, 53, 70–1, 151, 152, 189	mathematics and medicine (STEMM) collaboration with AHSS
restructuring 26	bridging disciplinary cultures 49, 52–8,
review panels 121	64, 74, 81, 152, 155–6, 169–74, 209
review panets 121	07, 77, 01, 132, 133-0, 107-74, 209

sciences, technology, engineering,	ideal characteristics of interdisciplinary
mathematics and medicine (STEMM)	individuals 157
collaboration with AHSS (continued)	institutional support 190-1, 192, 194,
co-creating research projects 69-73,	202, 203
75, 84–8, 90, 91, 94	integration 158-9, 161, 163
developing collaborative conditions	learning 159–62
60–6	management 156–8
and modes of interdisciplinarity 29-33,	mentoring 160, 166, 216–17
43–5	see also career development
motivations for interdisciplinarity	Smithson, M. 177, 178–86, 199, 200, 201
33-6, 43-5	social dimension of IDR and TDR 151
power relations 69–73	social integration 26, 161
science policy instrument to 109–11,	social sciences see arts, humanities and
112, 113, 115, 116	social sciences (AHSS)
understandings of interdisciplinarity	societal transformation 94–104
36–41, 43–5	sociocognitive platforms for
unstated contributions 69, 84-8, 90, 91	interdisciplinary collaboration 161–2
see also publications	sociolinguistic system 171–2
seed funding xix, 114, 116, 191, 198, 203	speech community 56
self-reflection 129, <b>130</b>	Stamm, J. 94, 109–11, 112, 113, 115, 116
Shandas, V. 218–19	Stanko, T. 138, 147–9, 150, 151
SHAPE-ID Toolkit xviii, 1–2, 11–12, 65,	status, and power relations 68, 69–73, 90,
202–3	91
Shaping Interdisciplinary Practices in	status concordance 157
Europe (SHAPE-ID), overview	status conflicts 157, 174
xvii–xxi, 1–21	status of the research 53
co-production of concepts 7	Stauffacher, M. 69, 76-84, 89-90, 91
context-dependent influences 6, 8	steering committees <b>96</b> , <b>97</b> , 101
main recommendations xix-xx	Stephenson, R.L. 206, 208–12, 220, 221,
major insights 6–10	222
plural understandings of IDR and TDR	Strang, V. 118-19, 124-7, 132, 133
6–8	Strober, M.H. 155–6, 169–72, 173, 174
survey 63–4	Studer, S. 15, 88–92, 226
situation awareness 161	subjectivity 60–1
situational learning 161	subordination-service mode 24–5, 31,
skills development 17–18, 155–76	33, 44
bridging disciplinary cultures 155–6,	succession planning 51
169–72, 173, 174	supporting collaborative research see
communication and collaboration 155,	institutional support
156–63, 164–8, 172–6	sustainable development projects
drivers and consequences of	communicating research findings 142–6
collaboration 164–8	ideal-typical transdisciplinary process
early career researchers (ECR) 7, 19,	76–84, 78, <b>80–1</b>
190–1, 194, 195, 196, 203, 217–23	institutional support 187–92
graduate education 102, 108, 115,	key stages for transdisciplinary
159–61, 166, 190–1, 203, 213	interaction 96–104, <b>96–8</b>
137 01, 100, 170-1, 203, 213	11101a01011 70-107, <b>70-0</b>

and leadership 187–92 status and hierarchy 70 sustained participation 81, 84 Swilling, M. 69, 76–84, 89–90, 91 Swiss Federal Institute of Aquatic Science and Technology (Eawag) 149, 152 Swiss National Research Programme case study 96–104, 97–8 symmetric integration 74, 75 synthesis differentiation 71 evaluating research proposals 120, 124, 130, 133 integrative-synthesis mode 30–1, 33, 44	transdisciplinary research (TDR)  see interdisciplinary and transdisciplinary research (overview) transdisciplinary science 27 transformation evaluation of 124, 132–3 and funding programmes 94–104 transformation-oriented activities 103–4 triangle of change 105 Tribaldos, T. 93, 94–104, 112, 113, 114, 116 Trinity Long Room Hub Institute of Arts and Humanities xx, 202–3 Truffer, B. 119, 127–31
and funding programmes 97, 98,	trust 58, 63, 163, 168, 174, 175, 210
101–2, 104 synthetic paradigms 27	U
see also integration	unstated contributions 69, 84–8, 90, 91
Т	V
tacit knowledge xi, 84, 87–8, 90, 178,	van Kerkhoff, L. 137, 138–40
179, 196–7, 200, 201	Vienni-Baptista, B. 1-20, 63-6, 177,
Tait, J. 47, 48–52, 63, 65	178–86, 199, 200, 201, 224–6
Taylor, K. 177–8, 186–92, 199, 200, 201 td-net toolbox 59–60, 89, 186	Vilsmaier, U. 177, 178–86, 199, 200, 201 Vrieling, A. 206, 212–14, 221
teams/teamwork	vireing, ii. 200, 212 11, 221
building the team 77, 78, 79-81, 80,	$\mathbf{W}$
82–3	Walker, D.H. 177, 178–86, 199, 200, 201
distributing team responsibilities 48–9	Wallace, D. 18, 199–204, 225
skills development 155, 156–63,	waste management project 144–5
164–8, 172–6 sustainability of 50–1	Wastl-Walter, D. 119, 127–31 Wendorf, G. 177–8, 186–92, 199, 200,
tips for team managers 48–52, 65	201
see also collaboration; communication skills	Werner, F. 206, 208–12, 220, 221, 222 Weszkalnys, G. 24–5, 29–33, 44
tenure review 197	wicked problem xi, 28, 131
see also career development	Wiek, A. 69, 76-84, 89-90, 91
theoretical and conceptual integration 76	Wieringa, S. 150
Theory of Change 133	Wiesmann, U. 119, 127-31
Thomas, C. 69, 76-84, 89-90, 91	Wilkinson, K. 25, 33-6, 43
thought styles 58–9, 60, 89	Wülser, G 47–8, 58–60, 63, 65
top-down interdisciplinarity 110, 111, 115	V 7
training see career development; skills	Y, Z
development	Young, J. 177, 178–86, 199, 200, 201
transcendent interdisciplinary research 27	Zinsstag, J. 119, 127–31