Learning Engineering Toolkit

Evidence-Based Practices from the Learning Sciences, Instructional Design, and Beyond

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Introduction

What is Learning Engineering?

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What is learning engineering?

by Jim Goodell

Many people are uncomfortable when the words *learning* and *engineering* are used together. Online discussion threads on the topic of learning engineering prompted strong reactions. One comment compared learning to the weather—a complex outcome of social, cultural, and economic conditions that cannot be engineered (or engineered for). Someone else correctly pointed out that learning is what a learner does, not something done to the learner.

Learning is a human process, and "engineering" sounds too mechanical or industrial. The "art" of teaching sounds more natural. When talking about creating solutions for learning, isn't "design" a better term? The words *learning engineering* justifiably raise concerns and questions, especially for professionals who care deeply about human learning at all levels. In the following pages, we define learning engineering—it's engineering *for* learning. Learning engineers don't engineer learning any more than civil engineers engineer civilians. Just as civil engineers create and maintain physical infrastructure *for the benefit* of civilians, learning engineering creates solutions *for the benefit* of learners and learning.

People from diverse fields of practice have wondered, is *learning engineering* just a new label on what we already do? Is it possible for a teacher, instructional designer, learning scientist, data scientist, or instructional system designer to *do* learning engineering? If it's different from what people already do, how is it different?

Through the following pages, we hope to answer those questions and make the case for learning engineering as a professional practice that complements related professional practices and fields of study. We offer stories about teams of professionals doing learning engineering—whether they call it learning engineering or use a different name. In practice, however, what most education, training, and learning analytics professionals do daily only partially overlaps with the practice of learning engineering. Learning engineering is often concerned with solving problems that teachers, curriculum designers, and textbook publishers are not usually asked to solve.

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FIGURE 0.1. Discussion thread about learning engineering (adapted from real discussion)

This book offers learning and e-learning professionals opportunities to improve their work with additional engineering tools, techniques, and mindsets (without changing the name of what they do). And it offers foundational knowledge and tools for those wishing to practice as learning engineers.

[1]

In 1928, Scottish scientist Alexander Fleming discovered penicillin. The discovery was a scientific breakthrough that saved countless lives during and since World War II. The 1945 Nobel Prize in Physiology or Medicine was awarded to Fleming and two Oxford University scientists who made progress in making concentrated penicillin and proved the effects of the drug. However, the Nobel Prize–winning scientists never developed the ability to produce the drug at scale. The Oxford team found that it was impossible to produce in sufficient quantities in their laboratory.

In 1941, mounting deaths from World War II battle wounds prompted these British scientists to reach out for help from the United States. The Rockefeller Foundation in New York arranged for Howard Florey and Norman G. Heatley to travel in July 1941 to meet with Charles Thorn, the US Department of Agriculture's chief mycologist. As a result of that trip, thirty-nine separate drug laboratories began producing penicillin. The United States entered the war later that year when the Japanese bombed the American fleet in Pearl Harbor, Hawaii.

But by June 1942, the US labs had only enough penicillin available to treat about ten patients. The urgency of lives being lost in the war meant that production of penicillin needed to move out of the laboratory and into mass-production. This was no longer just a scientific endeavor; it required engineering.

The goals of science and engineering are different. The goal of science is to discover the truth about the world as it is. The goal of engineering is to create scalable solutions to problems using science as one tool in that endeavor. Like engineers, scientists use data to find the truth. They are concerned about reliability of the data and what the data reveal about general principles by which we understand our universe. Outlier data are often ignored by scientists as noise. Engineers are often concerned about outlier data. For example, scientists may be interested in better understanding the physics of flight. An engineering team, on the other hand,

might want to know exactly what outlier conditions cause one specific airplane design to crash and for what reason. Scalable designs require manufacturing tolerances for parts that eliminate outlier failures.

Margaret Hutchinson Rousseau was the first woman to earn a PhD in chemical engineering from MIT and the first woman to be accepted as a member of the American Institute of Chemical Engineers. She oversaw the design of production plants for strategically important materials during the war, including synthetic rubber and penicillin.

Pfizer scientist Jasper H. Kane suggested using a deep-tank fermentation, a method Pfizer had used to produce vitamin C. On September 20, 1942, Pfizer purchased the old Rubel Ice Plant on Marcy Avenue in Brooklyn, NY.¹ It had the refrigeration equipment needed and was equipped with fourteen 7,500-gallon tanks. Dr. Rousseau worked with a multidisciplinary



FIGURE 0.2. Margaret Hutchinson Rousseau

Credit: Walter P. Reuther Library, Archives of Labor and Urban Affairs, Wayne State University team to turn the Rubel Ice Plant building into the first deep-tank penicillin fermentation commercial plant. In March 1943, the plant began producing penicillin.

The process started with a sterile culture of the penicillin mold grown in three-liter flasks, then in two-hundred-gallon seed tanks, and finally in one of the fourteen 7,500-gallon tanks. Then the drug needed to be extracted from the broth, purified, bottled, frozen, and dehydrated. Large quantities of the broth needed to be produced because 10,000 parts broth only contained four parts of the drug.²

By May 1943, deep-tank fermentation produced 400 million units of penicillin. In July 1943, the United States War Production Board supported a plan for mass distribution of penicillin stocks to Allied troops fighting in Europe. Hutchinson's engineered process and those developed by other engineers such as G. Raymond Rettew made it possible for the United States to produce 2.3 million doses in time for the invasion of Normandy in the spring of 1944 and over 646 billion units per year by June 1945. This engineered process is credited with helping to win the war.

This story is a victory for both science and engineering.

To scale innovations for broad use in education and training also requires both science and engineering. Learning scientists discover what works in human learning, and learning engineering teams develop production models for scaled impact. Learning engineering aims to optimize specific learning solutions to understand under what conditions and with what learners a current design is optimal or



FIGURE 0.3. World War II poster, "Penicillin Saves Soldiers' Lives!"

not, and to develop and test alternative more robust, or more refined, solutions that are more scalable. Just like with the discovery and production of penicillin, great advancements in learning can come from a multidisciplinary approach that recognizes the value of different professions and mindsets.

2

If you want to learn about learning engineering, a good place to start is Pittsburgh, Pennsylvania. What was once the steel-making capital of the world is also arguably the birthplace of, and a focal point for, the emerging field of learning engineering.

More than fifty years ago, Herb Simon, a Carnegie Mellon University Professor, coined the term "learning engineering."³ Simon, a Nobel Laureate, was instrumental in launching departments at the Pittsburgh-based university that continues to be a world leader in cognitive and learning sciences, learning technologies, and the application of the sciences to optimize human learning.

Pittsburgh is also home to the Pittsburgh Science of Learning Center (a.k.a. LearnLab) managed by Carnegie Mellon University and the University of Pittsburgh, and it's the home of spin-off businesses developing some of the world's most innovative platforms and solutions for learning.

While the theoretical idea of learning engineering is over fifty years old, the formal definition of learning engineering as a professional practice is still emerging. However, in the pages that follow



FIGURE 0.4. Herbert A. Simon *CC-BY-SA by Richard Rappaport*

you'll read about teams in Pittsburgh and elsewhere developing exemplary solutions using learning engineering practices. Their stories paint a picture of what it means to do learning engineering as a professional practice.

[3]

In 2018, IEEE—the organization that developed the standards behind WiFi and Bluetooth—established the Industry Connections / Industry Consortium on Learning Engineering (ICICLE). The group was established to help define and advance the profession of learning engineering. Participants in ICICLE include experts from fields of learning sciences, instructional design, learning technology, psychometrics (an area of study concerned with measurement of knowledge, abilities, attitudes, and personality traits), learning analytics, user experience design, and other fields.

Some of the leaders influencing the work of ICICLE have ties to the roots of learning engineering. People like Ken Koedinger at Carnegie Mellon University can draw their academic lineage back to Herb Simon, the visionary who coined the term learning engineering. With ICICLE, Ken co-led the Curriculum Special Interest Group with Mark Lee. That group began the development of a formal definition of learning engineering.

Establishing a clear and concise definition was not easy. Just like today, some people felt uncomfortable with the words *learning* and *engineering* being used together. Others wondered if learning engineering was unique enough, or if

it was just a new label for what they already do. The participants debated what makes learning engineering unique based on a first draft by Ken, Mark, and Janet Kolodner. Before establishing a concise definition, Ken's group merged with the learning engineering Competencies and Credentials Special Interest Group led by Jim Goodell and Michael Jay. The combined groups came to consensus on a definition that was adopted by ICICLE. That definition is as follows:

Learning engineering is a process and practice that . . .

- 1. applies the learning sciences,
- 2. using human-centered engineering design methodologies, and
- 3. data-informed decision-making
- ... to support learners and their development.

The products of learning engineering are the conditions and experiences under which people can achieve great learning outcomes.

Just like with the discovery and production of penicillin, great advancements in learning can come from a multidisciplinary approach that recognizes the value of different professions and mindsets. In 2018 and 2019, Janet Kolodner was leading ICICLE's Design for Learning group. Janet is a superstar in the world of the learning sciences, having been the founding editor in chief of *The Journal of the Learning Sciences*, a founding executive officer of the International Society of the Learning Sciences (ISLS), and a founding program officer of the Cyberlearning and Future Learning Technologies program of the National Science Foundation (now called RETTL). While leading the ICICLE Design for Learning group, Janet helped launch a master's degree program in learning engineering at Boston College.

Janet's group helped develop the idea that learning engineering is often a team sport. They recognized the wealth of knowledge and talent in well-developed fields of learning experience design. They explored the knowledge, skills, and mindsets that were needed for those who design learning experiences and learning systems. Then they developed a conceptual model for the kinds of professionals who might work with designers to solve learning engineering problems.

For the 2019 ICICLE Conference, they gave input into a flower diagram with petals representing the professional fields that might be part of solving a learning engineering problem. Figure 0.5 is a later iteration of that diagram based on input from the ICICLE community.

In the closing session of that conference, Chris Dede observed that "Learning engineering is more of a verb than a noun." (Chris Dede is the Timothy E. Wirth professor in learning technologies at Harvard Graduate School of Education and editor of *Learning Engineering for Online Education*⁴ and *The 60-Year Curriculum*.⁵)

For some challenges, an individual learning engineer with expertise in multiple disciplines might be sufficient. But usually, the big problems to be solved through learning engineering exceed any one person's ability. Consider this description of a learning engineer from the Educause Learning Initiative's resource, 7 *Things You Should Know About Learning Engineering:*

Learning engineers typically have broad knowledge of engineering processes as well as of learning science, computer science, and data science. In addition to understanding instructional design, artificial intelligence and machine learning, pedagogy, and andragogy, they offer skills in systems and user experience design, product testing, and the development of policies, regulations, and standards. They leverage those skills to create learning experiences, courses, and curricula; define educational competencies and assessment standards; and use research and data to improve teaching and learning.⁶

It's extremely rare for any one person to have expertise in all of these areas. Organizations have found it difficult to recruit candidates with such a breadth of competencies.⁷ Indeed, it is probably appropriate to refine the Educause definition by making it a definition of a "learning engineering team" as much as that of an individual learning engineer.

Given the multidisciplinary expertise needed on a learning engineering team, we envision multiple paths to learning engineering talent development. For example, a person may start with a credential in instructional design or software engineering and add to that foundation understanding of how people learn. He/she/they may add to their knowledge and skills by engaging in formal coursework, learning from others on the team, or participating in workshops put on by other professionals. Everyone on the learning engineering team doesn't need to know everything, they just need to know enough to communicate with the other experts on the team. (See Chapter 10, Tools for Teaming.)

As important as talent development for the individuals who will contribute to a learning engineering team is the development of the team culture, organizational processes, and a shared vocabulary.

We've observed learning engineering as a team process that builds on

professional specialties within the engineering team as a coordinated effort rooted in a shared understanding and vocabulary. Also, we've observed that the application of learning engineering generally falls into at least three categories:

- 1. Learning engineer as *consultant* (e.g., teaming with an instructor)
- 2. Learning engineer as a *member of a team* designing learning experiences, platforms, resources, or other solutions as a contributor or as the lead learning engineer that coordinates across the various other specialists and sets the direction for the work to be done
- 3. *Multiple learning engineering professionals*—having a base set of common competencies and shared vocabularies for the practice of learning engineering while having different roles and areas of expertise

Different professional practices, work processes, and team dynamics apply to each kind of team. In teams with multiple learning engineers, the work may be organized by smaller role-based teams that influence decisions about different aspects of the iterative design.

While we've observed learning engineering being done by teams of people who are not called learning engineers, we've also observed an emergence of a distinct professional discipline and job title. These engineers have specific competencies and mindsets and a specific role in the learning engineering process, just as a civil engineer has a specific role in the building of a bridge. Chapter 4, Learning Engineering is Engineering, covers some perspectives on engineering professions. Other chapters include stories in contexts where "learning engineer" is identified as a job title.

[4]

Located in the culturally diverse East Liberty neighborhood of Pittsburgh's East End is the headquarters for Duolingo, home of the team behind the award-winning language learning platform. It's no coincidence that the team is located just two miles from the Carnegie Mellon University campus where Herb Simon coined the term learning engineering. It's one of several learning technology companies with roots in CMU's Human-Computer Interaction Institute, derived from its Departments of Psychology and Computer Science. The company was founded by Carnegie Mellon University professor Luis von Ahn and his graduate student Severin Hacker.⁸

On a chilly Friday in November, Mark Lee and Jim Goodell met with Burr







FIGURE 0.6. Bozena Pajak and Burr Settles at Duolingo

Settles, a former postdoc at Carnegie Mellon University who now leads Duolingo's research group, and his colleague Bozena Pajak, a linguist and learning engineer who at the time had the title Staff Learning Scientist and later became Director of Learning and Curriculum. From the outside of the inconspicuous gray building, you wouldn't know that this was the world headquarters of the most popular mobile language learning platform, serving over 500 million registered users. (Influenced by the COVID-19 pandemic, over the

month of March 2020, new users on Duolingo increased by 101% and learners who joined Duolingo during the global pandemic spent 13% more time on Duolingo than was typical for new users in the past.⁹) One of the ways in which Duolingo is innovative is in its use of game mechanics to motivate learners. "One of the tricks is figuring out how to marry things that are pedagogically sound with things that are reinforcing motivators," Burr told us. To figure these things out, they use engineering techniques rooted in scientific research. "We run controlled experiments for almost everything we change," he said.¹⁰

This kind of testing and iterative improvement is a common practice among practitioners of learning engineering whether the product is an app, course content, or changes to a learning environment.

For every design decision that the Duolingo team makes, they have to consider multiple metrics of success. Those metrics include measures of learning, measures of user engagement, and how user interactions impact the company's bottom line. They know that to continue to provide free language learning to millions of people around the world they need to stay in business. This means that every decision is a balance between these metrics. If they can improve one metric without hurting the others, they do it.

The team at Duolingo improves its products through its own scientific research while applying the scientific discoveries of others. For example, they know from prior learning sciences research that when learning new words, the best time to practice is when you are on the verge of forgetting.

"Our approach is based on the spacing effect: the finding that short practices spaced out over time is better for learning than 'cramming.' A related finding is the lag effect: You can learn even better if you gradually increase the spacing between practices. These ideas go back to 1885, when German psychologist Hermann Ebbinghaus pioneered the concept of the forgetting curve."¹¹

The science of learning is informed by what we know about how the mind works. These sciences include: ¹²

- Neuroscience: Biological studies of the nervous system and brain
- Cognitive psychology: Study of the human mind through behaviors
- Learning sciences: Study of learning in realistic settings
- Education research: Models and interventions at the classroom+ level
- And others: As well as many other disciplines, such as developmental psychology, social psychology, and anthropology¹³

Learning engineering is informed by the combination of what each of these research traditions has to offer. Learning engineering also can benefit from research in areas of cognitive and social psychology such as behavioral economics (the study of psychology as it relates to economic decision-making) that can help us in understanding learner motivation and engagement. Emerging opportunities in learning engineering take advantage of biomedical research and development for innovations, such as devices that monitor learner attention levels using EEG (electro-encephalogram) sensors that monitor brain waves. Finally, learning engineering is increasingly the application of data science—an interdisciplinary field that uses scientific methods, processes, algorithms and systems to extract knowledge and insights from data. It has been called the "fourth paradigm for scientific exploration."¹⁴

Some of these sciences are relatively new. Neuroscience was first recognized as a unique academic discipline in the 1950s and 1960s,¹⁵ cognitive science was established in the mid-1970s,¹⁶ and learning sciences emerged in the 1990s.¹⁷ And yet the pace of discovery has accelerated with the help of innovations like functional magnetic resonance imaging (fMRI) and genomic mapping of the brain.¹⁸

Learning science findings applicable to learning engineering include cognitive, noncognitive, and motivational aspects of learning. Environmental and noncognitive physiological factors are also considered, such as physical health and safety, relationships, and social contexts.

Learning engineers are concerned not only with how the brain works in general, for the average person, but also understanding and empathizing with the uniqueness of each learner. In *The End of Average*, Harvard Professor Todd Rose showed that no one is an "average size." The size of a person can be measured on multiple dimensions (height, weight, shoulders, reach, chest, torso, waist, hips, legs).

To understand a person's learning and talent development requires measuring many more dimensions than those physical attributes of size.

Just about any meaningful human characteristic—especially talent consists of multiple dimensions. The problem is that when trying to measure talent, we frequently resort to the average, reducing our jagged talent to a single dimension like the score on a standardized test or grades or a job performance ranking. But when we succumb to this kind of one-dimensional thinking, we end up in deep trouble.¹⁹

Two students could get the exact same set of questions wrong on a test, but for different reasons. Promoting robust learning requires addressing those multiple reasons. Learning engineers ask the *why* questions to determine the multi-dimensional reasons that individuals might or might not master a learning objective under various conditions. With insights into possible root-causes, they create and test solutions that might overcome those problems.

Good learning engineers have a deep understanding of how the human brain learns and develops: "Because trying to reengineer learning without being versed in the basics of learning is like trying to improve brain surgery without knowing much about the brain."²⁰

[5]

An engineering design methodology particularly suited to learning engineering is called **human-centered design**, a problem-solving process that begins with empathetically understanding a challenge that people face and then iteratively developing and discovering a best fit solution for a given person or group to meet a specific need within a specific context.

Human-centered design existed as a practice long before it was formalized and given a name. In 1894, Will Kellogg used human-centered design to invent a breakfast cereal.²¹ His older brother John Harvey Kellogg was a medical doctor and director of a hospital in Battle Creek, Michigan. Will, a former broom salesman, moved to Battle Creek to help his brother at the hospital. They had empathy for the patients who were struggling to eat toast in the hospital setting. John was a nutritionist and concerned about the digestibility of his patient's foods. They wanted to offer an alternative. With this need in mind, Will experimented with a pot of boiled wheat that he had left out overnight. He rolled it out and baked it. The crispy flakes were the first of many iterations over several years to perfect the process. He gave it to



FIGURE 0.7. Sciences of learning are a foundation for learning engineering

his brother's patients, confirmed the flakes were easier to eat, and got their feedback with each iteration. He eventually used corn and invented corn flakes.

Today human-centered design is used to better match product designs to the needs of the people who will use them. The process is being used to design everything from software user experiences to entire school districts.²² The process has been formalized as an international standard (ISO 9241-210) for developing interactive technology, but the concepts are the same even when applied to non-technical problems. With user-centered design: ²³

- 1. Designs use an explicit understanding of users, tasks, and environments
- 2. Users are involved throughout design and development
- 3. The design is driven and refined by user-centered evaluation
- 4. The process is iterative
- 5. The design addresses the whole user experience
- 6. The design team includes multidisciplinary skills and perspectives

In the case of learning engineering and instructional design, the humancentered design challenge is for a set of people to learn something. Principles and practices of engineering help further define how the work of developing and improving learning solutions gets done. Learning engineering combines design methodologies with data-driven processes and principles of engineering—such as engineering control theory—not typically found in traditional design practices, to iterate closer and closer to a best fit solution.

Deeply understanding the people who will use or benefit from the solution is an important idea, whether that solution is a piece of software or something lower tech, like a breakfast cereal or, as we discuss below, a new kind of donkey cart.

Learning engineering is more of a verb than a noun. - Chris Dede

[6]

The Duolingo team develops software, but technology isn't the only product of learning engineering. It could be a low-tech learning resource, an improved process, a physical environment; anything designed to provide learning experiences and conditions for learning that work; anything developed to solve a learning problem. Technology is just one of the tools in the learning engineering toolkit. Sometimes the needed solution is low tech.

Shelly Blake-Plock was the founding chair of ICICLE. Shelly is a technical genius and the founder and CEO of Yet Analytics, a company that specializes in data analysis in support of human learning. But he will be the first to tell you that learning engineering is not about the technology, it's about problem solving in support of learning. He saw this firsthand when he visited the West African country of Gambia.

The problem to be solved was student access to local schools. "In a concerted effort to reduce inequity, the government abolished school fees and increased the number of communities that have schools within three kilometers from 83 percent in 2013 to 95 percent in 2018," according to a story posted to the World Bank website.²⁴ However, nearly 30 percent of school-aged children still didn't attend classes. A problem was that a three kilometer walk to school was too far for three- to eight-year-old students. Parents were concerned about their children's safety over the long distances.

The problem was framed by the context of poorly developed or nonexistent roads. "Donkeys, a common means of transport in The Gambia, were a natural, yet innovative, choice," according to the World Bank article, "and different communities across the country were enthusiastic about the idea." Donkey carts were engineered to carry ten young children each and could be driven by an older student.

A key strategy in any engineering design is iterative improvement. The lowtech donkey cart solution used an iterative process. "An initial pilot revealed that while the original carts were an effective means to transport children to school, these were too heavy and needed to be redesigned. As a result, a lighter 2.0 model of the cart was launched in 2015. Built with locally sourced materials, the revamped carts handle more easily, have a seat for each child, and incorporate important safety features such as a gate and easy-to-grab handles." For more on learning engineering that's helping people in underdeveloped countries see Chapter 3 for a story about a team developing a mobile app for people in another West African country, Ghana.

When Herb Simon first coined the term learning engineering over a half century ago, the tools of the trade available now didn't yet exist. Key learning sciences concepts had yet to be discovered. The most advanced learning technology outside of academia might have been the rudimentary screen-less flight simulators being used by the military and commercial airlines to train pilots.²⁵ For academic classrooms, state-of-the-art technology was the chalkboard, the textbook, overhead projectors, and the mimeograph machine.

Today, teams of learning engineers have rich sets of learning sciences and technology tools that can be applied toward realization of Herb Simon's vision for learning engineering. These tools include ubiquitous internet-connected devices, sophisticated software substrates and development tools, artificial intelligence, virtual and augmented reality, project-based and collaborative pedagogies, and online and blended learning modalities. (See Chapter 14, Software and Technology Standards as Tools.)

Among the most powerful tools in the learning engineer's toolbox is the ability to collect and use data to iteratively improve the learning design and iteratively improve the solution for any given learner.

[7]

In 1998, Carnegie Mellon University spun off Carnegie Learning, Inc. to support scaled adoption of cognitive tutors, the kind of intelligent tutoring system developed through the university's research. Carnegie Learning's MATHia offers one-on-one

tutoring in mathematics covering content for grades 6, 7, 8, Algebra I, Geometry, and Algebra II. The intelligent tutoring software presents problems for students to solve; it provides feedback to students as they are working through problems based on answers given and other data. According to their website, the software "monitors the status of the student's knowledge on a moment-by-moment basis and tailors course material, based on these continual assessments." The twenty-two-year-old company merged with New Mountain Learning in 2018.

While Carnegie Learning doesn't use the label "learning engineer," they're doing learning engineering as a "team sport," bringing together groups of specialists to solve problems. A cognitive science team, a data and research team, an instructional design team and everyone developing and maintaining the product as a whole might be called the "learning engineering team." They often bring together people from the various groups to have "data jams." When the data scientists discover a case where the data are telling them that something is not working for a subset of students, they call a team meeting in which everyone works together to find the root cause of the problem and suggest possible solutions.

Groups that participate in "data jams" don't all need to understand data science, but "they certainly need to basically understand how to think about data," Steve Ritter told Jodi Lis, Mark Lee, and Jim Goodell when they visited Carnegie Learning's Pittsburgh headquarters in 2018.

Ritter's team builds tools to support the non-data-scientists on the team. "They use the tools to try to figure out how to improve instruction, and we use the tools to figure out what this data means," he said, "is there a better way to sort the world, to figure out what's really going on?"

Michael Sandbothe, the lead programmer on data tools at the time, worked to make it so the end users need the least amount of high-level data science skills. "You don't need a PhD in statistics to use the tool," he said. Stephen Fancsali, a research scientist on the team, might find an inconsistency in the data but does not know what's happening. Why are students able to answer one mathematics problem but not able to answer one just like it? The instructional design teams, former mathematics teachers, and other content experts have insights that the data scientist might not have. They might say, "Here's what's really happening, the students are confused about this." These kinds of insights become hypotheses that the research team can test against the data. More insights from Carnegie Learning and others on data-informed decisions are available in Chapter 6.

Continuously examining the data to discover how to make a product or solution better for learning is a key part of the learning engineering process. The method for deciding what data to collect and how it will be collected is called "instrumentation," and is covered in Chapter 5.

[8]

If you use Duolingo to learn a new language, the app can predict your future. After you've been introduced to a new word and had some practice with it, the app can predict whether or not you will have forgotten it at some point in the future. To predict the future, it doesn't use a crystal ball, it uses data and a scientific discovery made more than a century ago.

In 1879, German psychologist Hermann Ebbinghaus was curious about how memory worked. He created experiments to test how well he could recall new words. He knew that he would be influenced by prior knowledge if he used real words, so he created a list of nonsense syllables composed of three letters (a consonant on each end and a vowel in the middle). He eliminated syllables that sounded like or were parts of real words (for example, BOL or PED, respectively). Then he tested himself by randomly looking at a sequence of cards with the nonsense syllables, writing them in a notebook, and then trying to recall the list.²⁶

In 1885, he published findings about the learning curve, how fast people learn new facts, and the forgetting curve, how fast people forget what they've learned.²⁷ His discoveries about the forgetting curve are the basis of Duolingo's ability to predict your future.

Additional research over the last century has led to a more complete scientific understanding about the **spacing effect**,²⁸ the finding that people are more likely to remember something if they spread out the learning over time rather than cramming by trying to learn it all at once. In the case of learning a new language, newly introduced and more difficult words should be reviewed more frequently, and older or less difficult words should be reviewed less frequently.

Another phenomenon, the lag effect, is that people commit information to long-term memory better if the time between study or practice increases gradually. Yet other research showed that the best time for people to practice is right before they're about to forget something. **Spaced repetition models** try to figure out when the best times are to review or practice specific facts or skills.²⁹

Duolingo's Burr Settles and a former Duolingo employee, Brendan Meeder, who later moved to Uber's Advanced Technologies Group, developed a "trainable spaced repetition model." It's software that uses data and artificial intelligence to learn the best time to have people practice specific words in a new language that they're learning. This model used by Duolingo isn't the first of the so-called forgetting functions, but it's a new approach that uses modern machine learning techniques. It takes in data about a student's practice history (when they practiced and whether or not they remembered correctly) and data that helps the machine learning algorithm know how difficult a word is to memorize compared to other words. More insights from Duolingo are found throughout this book.

Like Margaret Hutchinson Rousseau and the engineering team at Pfizer, they took a scientific discovery and engineered a solution that helps hundreds of millions of people. Using data and a century-old scientific discovery, Duolingo can personalize and optimize your learning of a new language—by predicting your future, for example, knowing when you're likely to forget a word. ★

- Learning engineers and learning engineering teams apply the learning sciences using engineering design processes and data-informed decision-making to create the conditions for optimal learning.
- Engineering is different from science. Learning scientists discover what works in human learning. Learning engineers aim to optimize particular learning experiences, test different options, and build scalable solutions.
- Learning engineering is often a team process that brings together professionals from different fields, including the learning sciences, assessment, learning experience design, software engineering, and data science. Team members don't need to be experts in all areas.
- Technology is a tool that can help scale the implementation of learning experiences. It also enables data-informed decision-making. However, learning solutions don't necessarily require advanced technology.
- Learning engineers design learning experiences, but that's not all they do. They also address the contexts and conditions that lead to great learning. These might include the architecture of physical or virtual learning environments, social structures, learners' mindsets, and habits of practice as well as more obvious targets, such as curriculum design, educational technology development, and learning analytics.
- Learning engineers don't design for the "average" student; they engineer adaptations and variations to fit real people and sometimes even individual learners' needs.
- Data instrumentation and analysis are critical to learning engineering. They inform an iterative process of creation, implementation, and investigation. Data can help optimize learning activities and feedback, such as Duolingo's trainable spaced repetition model.
- Learning engineers keep in mind the science of how people learn and how people are motivated to learn.
- Learning engineering takes a systemic view of learners' broad experiences, including the life experiences that impact their learning.

WHAT IS LEARNING ENGINEERING?

KEY POINTS

Endnotes

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